1  
00:00:03,640 --> 00:00:05,640  
好，各位师友  
  
2  
00:00:07,620 --> 00:00:10,340  
咱们接着聊咱们的金匮要略  
  
3  
00:00:11,540 --> 00:00:16,140  
上堂课呢，我们讲到了五脏风寒积聚这一章  
  
4  
00:00:16,890 --> 00:00:18,690  
那么咱们一直说到了  
  
5  
00:00:19,810 --> 00:00:21,050  
呃这个脾啊  
  
6  
00:00:21,570 --> 00:00:23,840  
他的论治啊，麻仁丸  
  
7  
00:00:24,890 --> 00:00:28,490  
这堂课，咱们接着从后头的内容接着往后续  
  
8  
00:00:29,250 --> 00:00:33,530  
今天我们开头呢开始讲这个叫肾卓啊  
  
9  
00:00:36,800 --> 00:00:40,600  
咱们每位同学自己的这个版本里头啊  
  
10  
00:00:41,000 --> 00:00:43,200  
写法不一样啊  
  
11  
00:00:45,340 --> 00:00:45,980  
有的呢  
  
12  
00:00:46,260 --> 00:00:49,460  
他的写作这个著名的著是不是  
  
13  
00:00:50,700 --> 00:00:51,300  
有的呢  
  
14  
00:00:52,420 --> 00:00:53,020  
他是  
  
15  
00:00:55,180 --> 00:00:56,940  
衣着的拙，朴拙的拙  
  
16  
00:00:58,260 --> 00:00:59,300  
但是上次课呀  
  
17  
00:00:59,740 --> 00:00:59,940  
呃  
  
18  
00:01:00,020 --> 00:01:03,460  
跟大家说过，这两个镯或者注  
  
19  
00:01:03,700 --> 00:01:04,420  
其实啊  
  
20  
00:01:05,209 --> 00:01:06,370  
没关系，对不对  
  
21  
00:01:06,770 --> 00:01:10,490  
它在古字之中，首先读音是一样的啊  
  
22  
00:01:10,490 --> 00:01:11,410  
没有啥区别  
  
23  
00:01:11,730 --> 00:01:12,610  
至于读什么  
  
24  
00:01:12,690 --> 00:01:15,130  
那么我不是搞音韵学的，我也不知道  
  
25  
00:01:15,570 --> 00:01:17,490  
那么总之他俩在古字里头呢  
  
26  
00:01:17,490 --> 00:01:19,410  
读音相同，意思也一样  
  
27  
00:01:20,320 --> 00:01:20,760  
读者  
  
28  
00:01:22,160 --> 00:01:23,040  
咱们讲这个  
  
29  
00:01:24,950 --> 00:01:27,430  
这个所谓贮存的住吧  
  
30  
00:01:27,430 --> 00:01:27,750  
对吧  
  
31  
00:01:28,070 --> 00:01:31,190  
那么著者基也就是它的概念  
  
32  
00:01:32,560 --> 00:01:34,520  
就是蓄积的意思啊  
  
33  
00:01:35,000 --> 00:01:35,960  
那这什么意思呢  
  
34  
00:01:36,560 --> 00:01:41,120  
肾浊肾浊实际上就是肾脏以五脏的形式  
  
35  
00:01:41,560 --> 00:01:43,240  
那么被邪气怎么样啊  
  
36  
00:01:43,760 --> 00:01:44,880  
蓄积了啊  
  
37  
00:01:45,460 --> 00:01:46,900  
那么被什么续集了呢  
  
38  
00:01:46,900 --> 00:01:49,740  
我在这儿呢，先给大家提纲挈领  
  
39  
00:01:50,420 --> 00:01:52,380  
实际上呢，非常简单  
  
40  
00:01:52,380 --> 00:01:55,060  
我们就是呃四个字吧  
  
41  
00:01:55,140 --> 00:01:58,900  
就是把肾浊的那个病机就给大家阐释出来  
  
42  
00:02:02,140 --> 00:02:06,740  
湿浊与肾  
  
43  
00:02:09,039 --> 00:02:09,759  
呃，当然了  
  
44  
00:02:09,759 --> 00:02:11,039  
我这个四个字啊  
  
45  
00:02:11,240 --> 00:02:11,840  
一说完  
  
46  
00:02:12,520 --> 00:02:12,800  
呃  
  
47  
00:02:13,480 --> 00:02:16,840  
那可能有的同学呢，也会有异议啊  
  
48  
00:02:16,840 --> 00:02:17,560  
那很正常  
  
49  
00:02:18,160 --> 00:02:19,280  
因为这个里头呢  
  
50  
00:02:19,280 --> 00:02:20,120  
自古以来呢  
  
51  
00:02:20,120 --> 00:02:20,920  
它的概念  
  
52  
00:02:21,640 --> 00:02:25,360  
古代大多数的医家认为肾浊之病  
  
53  
00:02:25,520 --> 00:02:27,880  
他的诗不是直接着于肾脏  
  
54  
00:02:29,050 --> 00:02:30,530  
而是拙于哪呢  
  
55  
00:02:30,690 --> 00:02:30,890  
有  
  
56  
00:02:31,290 --> 00:02:32,530  
但是我个人认为啊  
  
57  
00:02:32,530 --> 00:02:33,370  
这就是我们中医  
  
58  
00:02:33,810 --> 00:02:36,250  
咱们本身脏的概念是很大的啊  
  
59  
00:02:36,680 --> 00:02:38,200  
它既包括他的肾脏  
  
60  
00:02:38,840 --> 00:02:40,280  
也包括它的外府  
  
61  
00:02:40,840 --> 00:02:42,000  
包括它的经络  
  
62  
00:02:42,620 --> 00:02:46,820  
甚至包括它本身精气神转化的系统  
  
63  
00:02:47,770 --> 00:02:48,930  
那么我们这个呢  
  
64  
00:02:48,930 --> 00:02:52,050  
我在这讲啊，就是肾直接被湿所灼  
  
65  
00:02:52,650 --> 00:02:56,370  
那么肾之外府其实就是腰没错吧  
  
66  
00:02:56,810 --> 00:02:58,250  
那么其实还不光是要啊  
  
67  
00:02:58,250 --> 00:03:02,050  
这个往后我们具体讲条文的时候，给大家具体的说  
  
68  
00:03:03,140 --> 00:03:06,860  
看一下条文，肾浊之病怎么样呢  
  
69  
00:03:07,700 --> 00:03:11,700  
其人身体重那么为啥身体重啊  
  
70  
00:03:12,300 --> 00:03:12,900  
咱们知道  
  
71  
00:03:12,900 --> 00:03:15,740  
因为人啊，受了湿之后湿邪  
  
72  
00:03:16,340 --> 00:03:18,340  
那么本身身体就沉啊  
  
73  
00:03:18,380 --> 00:03:19,560  
这个，呃  
  
74  
00:03:19,640 --> 00:03:20,280  
很正常  
  
75  
00:03:20,400 --> 00:03:23,760  
那本身脾被受湿了之后  
  
76  
00:03:23,840 --> 00:03:25,440  
其人也会少气深重  
  
77  
00:03:25,960 --> 00:03:27,720  
那么这个很简单  
  
78  
00:03:28,670 --> 00:03:33,590  
腰中冷如坐水中形如水状，那么这个就讲呢  
  
79  
00:03:33,590 --> 00:03:34,990  
他整个那个腰啊  
  
80  
00:03:35,030 --> 00:03:37,680  
你一摸特别的凉，呃  
  
81  
00:03:37,840 --> 00:03:42,160  
就好像是坐在水里一样啊，叫如坐水中对吧  
  
82  
00:03:42,720 --> 00:03:43,640  
形如水状  
  
83  
00:03:45,070 --> 00:03:46,030  
呃，反不渴  
  
84  
00:03:46,990 --> 00:03:48,430  
小便自利  
  
85  
00:03:49,890 --> 00:03:52,740  
那么这个不可小面自立呢，啊  
  
86  
00:03:52,860 --> 00:03:54,660  
伤寒论有这么一句原话  
  
87  
00:03:54,900 --> 00:03:56,700  
所谓自立不可者，属太阴  
  
88  
00:03:56,740 --> 00:03:57,940  
以其脏为函谷也  
  
89  
00:03:57,940 --> 00:03:58,940  
当温之宜服  
  
90  
00:03:58,940 --> 00:04:00,280  
什么，斯密贝  
  
91  
00:04:00,520 --> 00:04:01,240  
那本身啊  
  
92  
00:04:01,240 --> 00:04:06,770  
就说明他与这个太阴的湿邪就有点能联系上了  
  
93  
00:04:07,650 --> 00:04:10,130  
与此同时，饮食如故  
  
94  
00:04:10,730 --> 00:04:14,390  
那么病属下焦后头呢  
  
95  
00:04:14,910 --> 00:04:16,350  
从病暑下交之后啊  
  
96  
00:04:17,149 --> 00:04:19,630  
他病属下焦，点出了他的那个那个病机  
  
97  
00:04:19,709 --> 00:04:21,709  
其实这个属下焦指的是谁呢  
  
98  
00:04:21,709 --> 00:04:22,950  
指的是肾啊  
  
99  
00:04:23,270 --> 00:04:24,870  
那为啥不说病属肾呢  
  
100  
00:04:25,110 --> 00:04:26,870  
因为它包含了腰，没错吧  
  
101  
00:04:27,270 --> 00:04:28,230  
那么腰为肾府  
  
102  
00:04:28,430 --> 00:04:32,350  
咱们讲金匮以脏腑官窍来立论  
  
103  
00:04:32,630 --> 00:04:34,670  
那么它就不光是肾脏的事啊  
  
104  
00:04:35,030 --> 00:04:37,030  
它也包含了腰腹  
  
105  
00:04:38,750 --> 00:04:38,950  
呃  
  
106  
00:04:39,230 --> 00:04:41,100  
那么属下焦，呃  
  
107  
00:04:41,220 --> 00:04:42,900  
后头解释了一个问题啊  
  
108  
00:04:42,900 --> 00:04:43,700  
就是这个病呢  
  
109  
00:04:43,700 --> 00:04:45,260  
他是怎么粘上的啊  
  
110  
00:04:45,580 --> 00:04:48,780  
这这么说叫身劳汗出  
  
111  
00:04:49,950 --> 00:04:52,350  
呃，关于这个词呢  
  
112  
00:04:52,430 --> 00:04:53,870  
其实字面意思简单  
  
113  
00:04:54,510 --> 00:04:58,900  
就是人在比较劳累之后，没错吧  
  
114  
00:04:59,460 --> 00:05:00,460  
那么出了汗  
  
115  
00:05:01,390 --> 00:05:01,590  
呃  
  
116  
00:05:01,870 --> 00:05:03,950  
衣里冷湿，那什么意思呢  
  
117  
00:05:04,110 --> 00:05:04,710  
衣服啊  
  
118  
00:05:05,950 --> 00:05:07,510  
非常凉，没错吧  
  
119  
00:05:07,750 --> 00:05:07,950  
哎  
  
120  
00:05:07,950 --> 00:05:09,810  
衣服非常凉，呃  
  
121  
00:05:10,130 --> 00:05:12,890  
久久得知那么时间很长就得了这病  
  
122  
00:05:13,250 --> 00:05:17,370  
其实说白了就是这个人啊，被寒湿伤了对吧  
  
123  
00:05:17,830 --> 00:05:18,550  
伤了哪儿呢  
  
124  
00:05:18,550 --> 00:05:19,830  
那么显然伤了下焦  
  
125  
00:05:21,340 --> 00:05:21,540  
呃  
  
126  
00:05:21,580 --> 00:05:24,900  
这个呢，在临证中其实挺常见的啊  
  
127  
00:05:25,890 --> 00:05:28,930  
我忘了上次给大伙提没提额  
  
128  
00:05:29,090 --> 00:05:30,930  
应该是大上周啊  
  
129  
00:05:31,210 --> 00:05:32,920  
这么一个，呃  
  
130  
00:05:33,520 --> 00:05:35,240  
门诊有这么一小伙子  
  
131  
00:05:35,800 --> 00:05:37,200  
呃，从沈阳来的啊  
  
132  
00:05:37,240 --> 00:05:39,320  
拿着他的门诊病历啊  
  
133  
00:05:39,320 --> 00:05:40,320  
中国医科大学啊  
  
134  
00:05:40,320 --> 00:05:42,080  
包括哪那个别的医院  
  
135  
00:05:42,600 --> 00:05:46,040  
那个两个三甲医院给他出的片子啊  
  
136  
00:05:46,440 --> 00:05:50,270  
到我这来之后，这个出的什么片子呢  
  
137  
00:05:50,270 --> 00:05:54,430  
也就是在他的那个腹股沟发现了站位，对吧  
  
138  
00:05:54,750 --> 00:05:55,470  
有肿块  
  
139  
00:05:55,910 --> 00:05:56,790  
呃，之后呢  
  
140  
00:05:56,790 --> 00:05:58,550  
一个医院认为是恶性  
  
141  
00:05:59,390 --> 00:06:01,830  
还有一个医院呢，认为是良性  
  
142  
00:06:02,440 --> 00:06:06,160  
呃，这种情况其实在我们门诊上几乎天天见是吧  
  
143  
00:06:06,160 --> 00:06:06,960  
那么很多见  
  
144  
00:06:07,120 --> 00:06:09,160  
很多时候患者他，呃  
  
145  
00:06:09,620 --> 00:06:11,540  
我们说今天癌症的那个诊断  
  
146  
00:06:11,540 --> 00:06:14,140  
他其实没有一个很难啊  
  
147  
00:06:14,140 --> 00:06:16,780  
有一个最终就是说所有医院都都一样  
  
148  
00:06:17,200 --> 00:06:19,000  
那么很多时候是这个医院这么说  
  
149  
00:06:19,000 --> 00:06:20,040  
那个医院那么说啊  
  
150  
00:06:20,400 --> 00:06:21,240  
那说法不一样  
  
151  
00:06:21,560 --> 00:06:23,120  
这个挺常见的啊  
  
152  
00:06:23,440 --> 00:06:26,500  
之后他到我这来吧，目的只有一个哈  
  
153  
00:06:26,900 --> 00:06:29,420  
就是说来问我说大夫  
  
154  
00:06:29,420 --> 00:06:31,220  
你看到底是良性还是恶性  
  
155  
00:06:31,540 --> 00:06:33,020  
我说你现在打住啊  
  
156  
00:06:33,540 --> 00:06:36,020  
因为我的解决方式呢，是这样  
  
157  
00:06:36,550 --> 00:06:36,750  
呃  
  
158  
00:06:36,870 --> 00:06:38,670  
你要让问我诊断啊  
  
159  
00:06:38,710 --> 00:06:42,910  
我建议你到任何一个西医三甲医院都比我强啊  
  
160  
00:06:43,310 --> 00:06:44,590  
你别别到我这来  
  
161  
00:06:44,850 --> 00:06:45,050  
呃  
  
162  
00:06:45,130 --> 00:06:46,610  
但是你说诊断完了之后  
  
163  
00:06:46,610 --> 00:06:49,010  
人家三甲医院告诉你说我们这个没辙了  
  
164  
00:06:49,290 --> 00:06:51,130  
唉，这个时候你找我治行啊  
  
165  
00:06:51,130 --> 00:06:52,170  
咱们说这个道理  
  
166  
00:06:52,670 --> 00:06:54,630  
呃，我当时一搭手  
  
167  
00:06:55,150 --> 00:06:57,790  
呃，当时我们几乎大多数同学都在场啊  
  
168  
00:06:57,790 --> 00:06:58,830  
我就跟他说了一句话  
  
169  
00:06:59,560 --> 00:07:03,120  
呃，我说我先不管你这个东西是那个  
  
170  
00:07:03,320 --> 00:07:07,140  
就是说这个这个良性恶性啊  
  
171  
00:07:07,500 --> 00:07:09,140  
我给你讲个非常简单的道理  
  
172  
00:07:10,690 --> 00:07:11,610  
长这么一东西  
  
173  
00:07:11,610 --> 00:07:13,570  
它本身是它不是你  
  
174  
00:07:13,730 --> 00:07:15,370  
它是从你正气中生化出来的  
  
175  
00:07:15,370 --> 00:07:15,730  
对吧  
  
176  
00:07:15,970 --> 00:07:17,090  
但它不是正气啊  
  
177  
00:07:17,530 --> 00:07:18,570  
那么这个东西呢  
  
178  
00:07:19,000 --> 00:07:21,440  
你如果把它往坏的地方推一推  
  
179  
00:07:22,380 --> 00:07:25,980  
他可能就真变成那个那个那个那个那个坏的了  
  
180  
00:07:25,980 --> 00:07:26,300  
对吧  
  
181  
00:07:26,300 --> 00:07:27,140  
就变成恶性了  
  
182  
00:07:27,420 --> 00:07:29,540  
但你要把它往好的地方拉一拉呢  
  
183  
00:07:30,320 --> 00:07:30,520  
哎  
  
184  
00:07:30,920 --> 00:07:31,280  
对吧  
  
185  
00:07:31,280 --> 00:07:32,280  
他可能就回来了  
  
186  
00:07:32,280 --> 00:07:33,000  
我说就这个  
  
187  
00:07:33,000 --> 00:07:35,780  
其实你与其坐这观望，等  
  
188  
00:07:36,020 --> 00:07:37,420  
然后最后哎一诊断  
  
189  
00:07:37,420 --> 00:07:37,620  
哎  
  
190  
00:07:37,740 --> 00:07:38,780  
这回确诊了  
  
191  
00:07:38,780 --> 00:07:39,580  
终于是恶性了  
  
192  
00:07:39,780 --> 00:07:41,180  
那你你你这干什么呀  
  
193  
00:07:41,820 --> 00:07:42,980  
咱们说这个道理是吧  
  
194  
00:07:43,600 --> 00:07:45,840  
之后我跟他讲，我说那既然不等咱们怎么办  
  
195  
00:07:45,880 --> 00:07:47,640  
首先我看了你的卖相啊  
  
196  
00:07:48,680 --> 00:07:50,720  
我说你的脉象，我这么看啊  
  
197  
00:07:51,200 --> 00:07:56,540  
你这个病的得的原因是由于你长时间在潮湿的环境  
  
198  
00:07:56,540 --> 00:07:57,580  
当时我是这么说的吧  
  
199  
00:07:58,020 --> 00:08:00,820  
长时间在潮湿的环境里工作  
  
200  
00:08:01,210 --> 00:08:02,650  
或者是我不知道你在干什么  
  
201  
00:08:02,650 --> 00:08:04,890  
反正你是长时间，不是一天两天啊  
  
202  
00:08:05,330 --> 00:08:08,290  
在潮湿的环境里待着，导致你得这病  
  
203  
00:08:08,830 --> 00:08:09,350  
我说呀  
  
204  
00:08:09,950 --> 00:08:10,150  
呃  
  
205  
00:08:10,550 --> 00:08:12,430  
你自己得注意  
  
206  
00:08:13,110 --> 00:08:15,750  
之后这小伙一听一点头说，大夫  
  
207  
00:08:15,750 --> 00:08:16,790  
那你说的太对了  
  
208  
00:08:17,190 --> 00:08:19,590  
我真是长时间在潮湿环境里  
  
209  
00:08:19,910 --> 00:08:23,850  
我搞汽修的，汽修工人啊  
  
210  
00:08:23,850 --> 00:08:25,170  
挺年轻的一小伙子  
  
211  
00:08:26,270 --> 00:08:26,470  
呃  
  
212  
00:08:26,870 --> 00:08:27,550  
我在这呢  
  
213  
00:08:27,550 --> 00:08:29,390  
并不是说非得逼着患者改行  
  
214  
00:08:29,750 --> 00:08:30,830  
但是我就讲一个问题  
  
215  
00:08:30,830 --> 00:08:32,549  
如果你自己没有意识到  
  
216  
00:08:32,799 --> 00:08:36,320  
有些因素跟你的身体的疾病是有关联的  
  
217  
00:08:36,640 --> 00:08:38,480  
那你怎么做到自我保护呢  
  
218  
00:08:38,980 --> 00:08:39,179  
啊  
  
219  
00:08:39,179 --> 00:08:39,980  
你即使不改，行  
  
220  
00:08:39,980 --> 00:08:40,620  
咱打个比方  
  
221  
00:08:40,620 --> 00:08:43,159  
你加一个护膝是吧  
  
222  
00:08:43,520 --> 00:08:45,720  
把腰穿厚一点，再加放个暖宝  
  
223  
00:08:46,040 --> 00:08:48,120  
或者是尽量的在工作的时候  
  
224  
00:08:48,120 --> 00:08:50,590  
你避着点这个凉和湿的东西  
  
225  
00:08:50,590 --> 00:08:51,670  
我们就讲这个道理啊  
  
226  
00:08:52,070 --> 00:08:53,310  
那么是否有的时候  
  
227  
00:08:53,310 --> 00:08:56,430  
我我深信内经说这句话叫上工治未病  
  
228  
00:08:56,470 --> 00:08:57,390  
下工治已病  
  
229  
00:08:57,900 --> 00:08:59,100  
我们之所以要治已病  
  
230  
00:08:59,140 --> 00:09:01,180  
其实是因为我们对病的发病机制呢  
  
231  
00:09:01,420 --> 00:09:04,020  
很多时候我们漠视啊  
  
232  
00:09:04,020 --> 00:09:04,580  
说到这呢  
  
233  
00:09:04,580 --> 00:09:06,660  
我就有的时候挺感慨啊  
  
234  
00:09:06,660 --> 00:09:08,220  
有些人，他呃  
  
235  
00:09:09,850 --> 00:09:12,170  
经常这个比如说，呃呃  
  
236  
00:09:12,530 --> 00:09:13,970  
离咱们更北一点吧  
  
237  
00:09:14,490 --> 00:09:16,010  
往那个黑龙江那边走  
  
238  
00:09:16,010 --> 00:09:16,810  
我听说啊  
  
239  
00:09:16,890 --> 00:09:17,770  
咱没见过  
  
240  
00:09:18,270 --> 00:09:21,710  
呃，说这个澡堂子里头两个水池子  
  
241  
00:09:22,390 --> 00:09:23,150  
一个热水  
  
242  
00:09:24,390 --> 00:09:26,270  
一边是冷水啊  
  
243  
00:09:26,270 --> 00:09:28,390  
在热水里先泡泡到啥程度呢  
  
244  
00:09:28,830 --> 00:09:30,190  
浑身毛孔张开  
  
245  
00:09:30,760 --> 00:09:34,360  
然后咕咚一下，再蹦扎到那个冷水池子里  
  
246  
00:09:34,720 --> 00:09:38,400  
据说是从我们的邻邦俄罗斯学过来的啊  
  
247  
00:09:38,440 --> 00:09:39,880  
相传，哎呦  
  
248  
00:09:39,880 --> 00:09:40,680  
我当时一看  
  
249  
00:09:40,680 --> 00:09:43,280  
我说，这不就给干姜灵珠汤正造模呢吗  
  
250  
00:09:43,840 --> 00:09:44,880  
咱们讲这么一个道理  
  
251  
00:09:45,200 --> 00:09:45,400  
呃  
  
252  
00:09:45,400 --> 00:09:46,320  
人种不同啊  
  
253  
00:09:46,320 --> 00:09:46,920  
我们讲啊  
  
254  
00:09:46,960 --> 00:09:48,560  
这个东西，中国人啊  
  
255  
00:09:49,040 --> 00:09:51,360  
咱们中医这些东西你可以不信啊  
  
256  
00:09:51,700 --> 00:09:53,020  
但是说很多道理呢  
  
257  
00:09:53,020 --> 00:09:55,580  
我建议你还是尽量要规避一下啊  
  
258  
00:09:55,580 --> 00:09:57,940  
就包括我们过去老人讲坐月子  
  
259  
00:09:57,940 --> 00:10:00,560  
是不是他肯定都是有道理的啊  
  
260  
00:10:00,920 --> 00:10:03,120  
那么这块就说的其实就是这么一个事  
  
261  
00:10:03,440 --> 00:10:04,080  
这个人呢  
  
262  
00:10:04,120 --> 00:10:05,830  
你看身劳汗出  
  
263  
00:10:05,950 --> 00:10:08,980  
那么每次都是劳累了之后，对吧  
  
264  
00:10:09,300 --> 00:10:10,100  
出了很多汗  
  
265  
00:10:10,620 --> 00:10:14,020  
结果衣服里头啊，湿塌塌的是这样吗  
  
266  
00:10:14,500 --> 00:10:15,620  
那出了很多汗之后  
  
267  
00:10:16,010 --> 00:10:19,690  
那么古代的人很多很多这个我们讲的叫劳苦之人嘛  
  
268  
00:10:19,690 --> 00:10:20,010  
对吧  
  
269  
00:10:20,010 --> 00:10:22,810  
尤其是在冬天，没有取暖的时代  
  
270  
00:10:23,610 --> 00:10:24,370  
甚至没有鞋  
  
271  
00:10:24,810 --> 00:10:25,290  
我们讲  
  
272  
00:10:26,290 --> 00:10:27,810  
那么出了很多汗  
  
273  
00:10:28,330 --> 00:10:29,650  
那么没等进屋呢  
  
274  
00:10:29,650 --> 00:10:30,690  
这个汗就凉了  
  
275  
00:10:31,950 --> 00:10:32,270  
对吧  
  
276  
00:10:32,390 --> 00:10:33,510  
没等这个汗干了  
  
277  
00:10:33,870 --> 00:10:36,190  
这个冷汗啊，就沁进去了  
  
278  
00:10:37,880 --> 00:10:38,760  
时间长之后  
  
279  
00:10:39,840 --> 00:10:41,040  
久久得之啊  
  
280  
00:10:41,320 --> 00:10:43,160  
那么得什么就得这个肾主  
  
281  
00:10:43,560 --> 00:10:45,690  
因为这里头有一个概念  
  
282  
00:10:45,890 --> 00:10:47,450  
为什么它往肾去啊  
  
283  
00:10:47,930 --> 00:10:49,610  
那么一定是有原因的  
  
284  
00:10:49,850 --> 00:10:51,770  
大伙还记不记得我们金匮要略  
  
285  
00:10:52,090 --> 00:10:54,600  
一开始给大家讲这个  
  
286  
00:10:55,120 --> 00:10:55,320  
呃  
  
287  
00:10:55,920 --> 00:10:58,480  
这个这个脏腑经络先后  
  
288  
00:10:59,210 --> 00:11:00,570  
当时我们说过一个事  
  
289  
00:11:00,570 --> 00:11:04,110  
儿所谓五邪，众人各有法度啊  
  
290  
00:11:04,550 --> 00:11:05,350  
风重于前  
  
291  
00:11:05,550 --> 00:11:06,310  
寒重于木  
  
292  
00:11:07,070 --> 00:11:08,830  
湿伤于下，物伤于上  
  
293  
00:11:09,910 --> 00:11:11,310  
风令脉浮寒令麦吉  
  
294  
00:11:12,180 --> 00:11:14,980  
误伤皮凑湿流关节啊  
  
295  
00:11:15,840 --> 00:11:17,480  
呃，所谓食伤脾胃  
  
296  
00:11:17,880 --> 00:11:18,640  
饥寒伤静  
  
297  
00:11:18,760 --> 00:11:20,920  
即热伤络，有这么一段  
  
298  
00:11:21,250 --> 00:11:22,530  
那么这里头他讲了呀  
  
299  
00:11:22,610 --> 00:11:26,400  
邪气本身它是有一定的趋向性的啊  
  
300  
00:11:26,400 --> 00:11:27,200  
这个很有意思  
  
301  
00:11:27,520 --> 00:11:29,440  
所谓火协，他就是喜欢往上蹿  
  
302  
00:11:29,560 --> 00:11:30,120  
没错吧  
  
303  
00:11:30,670 --> 00:11:34,750  
湿邪他就是要要往下往下注  
  
304  
00:11:35,440 --> 00:11:35,640  
呃  
  
305  
00:11:35,760 --> 00:11:37,040  
那么雾露之邪呢  
  
306  
00:11:37,080 --> 00:11:39,200  
就容易伤人的上焦和皮凑啊  
  
307  
00:11:39,200 --> 00:11:41,000  
就就他一定是这个特点  
  
308  
00:11:41,430 --> 00:11:43,350  
那么尸伤于下啊  
  
309  
00:11:43,390 --> 00:11:44,310  
咱们讲这个事  
  
310  
00:11:44,630 --> 00:11:48,510  
所以说他就容易往这个腰腹走  
  
311  
00:11:49,850 --> 00:11:50,650  
走了之后呢  
  
312  
00:11:51,170 --> 00:11:53,370  
于是乎，久久得知得知一个什么问题啊  
  
313  
00:11:53,410 --> 00:11:56,680  
你看腰以下冷痛这五个字  
  
314  
00:11:56,880 --> 00:11:58,960  
我建议你，如果这一条你都不画  
  
315  
00:11:58,960 --> 00:12:00,870  
你把这五个字画上，啊  
  
316  
00:12:01,230 --> 00:12:05,310  
这个五个字就是干姜林珠汤的眼目  
  
317  
00:12:05,710 --> 00:12:05,910  
哎  
  
318  
00:12:05,910 --> 00:12:06,830  
但是是之一  
  
319  
00:12:06,870 --> 00:12:09,870  
今天给大家东西多啊，哈哈  
  
320  
00:12:10,250 --> 00:12:11,970  
这是之一，够你临床用了  
  
321  
00:12:12,210 --> 00:12:15,050  
那么很多临床上的顽固腰痛，同学们  
  
322  
00:12:15,450 --> 00:12:16,330  
当你一看，啊  
  
323  
00:12:16,450 --> 00:12:18,290  
这个这个腰痛特别顽固，对吧  
  
324  
00:12:19,140 --> 00:12:21,020  
那么嗯  
  
325  
00:12:22,270 --> 00:12:23,670  
往往它会有一个特征  
  
326  
00:12:23,750 --> 00:12:24,870  
往往伴有一个特征  
  
327  
00:12:25,990 --> 00:12:27,230  
就是尺脉啊  
  
328  
00:12:27,710 --> 00:12:28,430  
特别孱弱  
  
329  
00:12:29,030 --> 00:12:31,790  
甚至是摸不着这种状态，明白了吧  
  
330  
00:12:32,070 --> 00:12:34,310  
那么你就留个神啊  
  
331  
00:12:34,350 --> 00:12:39,100  
这个时候很可能就是干将灵枢汤腹中如贷5000钱  
  
332  
00:12:39,570 --> 00:12:41,210  
咱们知道汉代的时候  
  
333  
00:12:41,210 --> 00:12:42,450  
他用那个钱是什么  
  
334  
00:12:42,650 --> 00:12:43,530  
五铢钱，对吧  
  
335  
00:12:43,930 --> 00:12:45,050  
五钱钱很沉啊  
  
336  
00:12:45,050 --> 00:12:46,140  
同学们，唉  
  
337  
00:12:46,140 --> 00:12:47,860  
5000前也叫五冠，对吧  
  
338  
00:12:47,900 --> 00:12:48,660  
或者叫五调  
  
339  
00:12:49,140 --> 00:12:49,740  
非常沉  
  
340  
00:12:50,120 --> 00:12:55,560  
就好像肚子顶上带着大钱串子带着五串啊  
  
341  
00:12:55,680 --> 00:12:56,640  
走路都走不动  
  
342  
00:12:56,800 --> 00:12:57,520  
特别重  
  
343  
00:12:57,830 --> 00:13:00,150  
那么这个就叫肾浊浊，是什么  
  
344  
00:13:00,150 --> 00:13:00,910  
附着的意思  
  
345  
00:13:00,910 --> 00:13:01,390  
对不对啊  
  
346  
00:13:01,670 --> 00:13:02,390  
湿浊的意思  
  
347  
00:13:02,390 --> 00:13:03,390  
它的病机  
  
348  
00:13:03,390 --> 00:13:08,350  
我再次重复四个字，叫湿浊于肾啊  
  
349  
00:13:08,430 --> 00:13:11,390  
那么这个咱们就把病机就捋清了  
  
350  
00:13:12,080 --> 00:13:14,640  
那么这湿浊于肾之后，咱们治咋治呢  
  
351  
00:13:15,440 --> 00:13:15,640  
呃  
  
352  
00:13:16,480 --> 00:13:18,880  
那么有没有用这个补肾的药啊  
  
353  
00:13:19,560 --> 00:13:21,880  
咱们来点这个哼  
  
354  
00:13:22,280 --> 00:13:24,400  
补肾的，补肾阳的是吧  
  
355  
00:13:24,880 --> 00:13:25,080  
哎  
  
356  
00:13:25,440 --> 00:13:27,080  
仲景先师没那么用啊  
  
357  
00:13:27,160 --> 00:13:28,580  
没那么用，呃  
  
358  
00:13:28,660 --> 00:13:29,340  
老仙师呢  
  
359  
00:13:29,340 --> 00:13:30,580  
用了一个什么办法呢  
  
360  
00:13:30,980 --> 00:13:33,240  
你看他这张方，肾灼汤  
  
361  
00:13:33,600 --> 00:13:34,360  
干姜灵珠  
  
362  
00:13:34,480 --> 00:13:35,680  
方如其名，没错吧  
  
363  
00:13:36,400 --> 00:13:36,600  
呃  
  
364  
00:13:36,680 --> 00:13:38,800  
大家仔细的看，你就发现一个问题  
  
365  
00:13:38,800 --> 00:13:41,360  
这张方其实是什么方的辩方  
  
366  
00:13:42,380 --> 00:13:44,380  
对对对，你就干燥了  
  
367  
00:13:44,740 --> 00:13:45,460  
嗯嗯哼  
  
368  
00:13:46,410 --> 00:13:48,250  
这个是理中汤，是这样吗  
  
369  
00:13:48,250 --> 00:13:48,690  
同学们  
  
370  
00:13:49,290 --> 00:13:50,890  
但是你观察一个事  
  
371  
00:13:51,050 --> 00:13:53,130  
他是理中汤，怎么变的  
  
372  
00:13:54,460 --> 00:13:55,460  
就是，哎  
  
373  
00:13:55,540 --> 00:13:56,460  
这有意思了啊  
  
374  
00:13:57,100 --> 00:13:58,020  
咱们从这儿捋啊  
  
375  
00:13:59,020 --> 00:14:02,610  
肾浊，首先它的汤是  
  
376  
00:14:03,050 --> 00:14:04,650  
当然，我在这儿解释一下  
  
377  
00:14:04,650 --> 00:14:06,570  
这个伤寒论中没有理中汤  
  
378  
00:14:06,570 --> 00:14:08,450  
伤寒论叫人参汤，玩  
  
379  
00:14:08,450 --> 00:14:09,050  
叫李通丸  
  
380  
00:14:09,050 --> 00:14:10,650  
但我为了便于交流啊  
  
381  
00:14:10,770 --> 00:14:11,530  
便于交流  
  
382  
00:14:12,450 --> 00:14:12,650  
呃  
  
383  
00:14:12,730 --> 00:14:17,010  
那么理中汤，首先他加减了去了  
  
384  
00:14:17,010 --> 00:14:19,690  
谁参加了谁  
  
385  
00:14:22,730 --> 00:14:23,690  
为什么要这样  
  
386  
00:14:27,820 --> 00:14:28,900  
为什么要这样  
  
387  
00:14:29,900 --> 00:14:32,020  
那你直接用理中汤  
  
388  
00:14:32,100 --> 00:14:34,300  
你要说补脾肾浊补脾  
  
389  
00:14:34,460 --> 00:14:36,420  
你直接用理中汤不成吗  
  
390  
00:14:37,100 --> 00:14:41,020  
为啥要把人参去掉加茯苓呢  
  
391  
00:14:45,410 --> 00:14:48,090  
你看这里头其实就有一个核心眼目啊  
  
392  
00:14:48,170 --> 00:14:51,850  
核心眼目在这，我在先给你故弄一下玄虚  
  
393  
00:14:52,730 --> 00:14:53,010  
呃  
  
394  
00:14:53,420 --> 00:14:55,420  
那么明清明代医家啊  
  
395  
00:14:55,460 --> 00:14:57,180  
吴昆，吴昆先生啊  
  
396  
00:14:57,180 --> 00:14:59,020  
他讲这么一个事四个字  
  
397  
00:14:59,100 --> 00:15:01,820  
他评价这个加减法，我觉得尤为精到  
  
398  
00:15:02,780 --> 00:15:05,740  
我先写出来，你们看看能不能明白叫什么  
  
399  
00:15:08,340 --> 00:15:10,380  
围师必阙  
  
400  
00:15:11,140 --> 00:15:16,700  
围师围困的围师是敌人的这个这个哎  
  
401  
00:15:17,140 --> 00:15:19,260  
王师北定中原日啊，这个诗  
  
402  
00:15:20,770 --> 00:15:21,650  
B怎么着啊  
  
403  
00:15:22,570 --> 00:15:25,350  
B就是必要的，必缺呢  
  
404  
00:15:25,430 --> 00:15:26,310  
是留个口  
  
405  
00:15:26,950 --> 00:15:31,230  
那么就是你围困敌人的时候一定要留一个口  
  
406  
00:15:32,390 --> 00:15:33,590  
大家明白这个道理吗  
  
407  
00:15:34,510 --> 00:15:35,870  
那我我小的时候啊  
  
408  
00:15:35,870 --> 00:15:37,720  
我看这个史史书  
  
409  
00:15:38,120 --> 00:15:39,800  
我那时候我不懂，哎  
  
410  
00:15:39,800 --> 00:15:41,320  
长大之后突然间明白了  
  
411  
00:15:41,760 --> 00:15:41,960  
呃  
  
412  
00:15:42,000 --> 00:15:43,560  
如果你把口围死了呀  
  
413  
00:15:44,350 --> 00:15:45,550  
你的损伤就大了  
  
414  
00:15:45,830 --> 00:15:47,990  
对方必做困兽之斗，对吧  
  
415  
00:15:48,540 --> 00:15:49,460  
肯定跟你拼了  
  
416  
00:15:49,620 --> 00:15:50,700  
他知道他活不了了  
  
417  
00:15:51,100 --> 00:15:52,260  
但是你只要留一口  
  
418  
00:15:52,300 --> 00:15:55,360  
对方就军心浮动，不战自溃  
  
419  
00:15:55,680 --> 00:15:57,750  
这时候你就捡羊唠  
  
420  
00:15:57,830 --> 00:15:58,750  
咱说白了啊  
  
421  
00:15:59,150 --> 00:16:00,630  
你就就这个道理  
  
422  
00:16:00,630 --> 00:16:02,950  
所以治病也是我们讲，叫来龙去脉  
  
423  
00:16:02,950 --> 00:16:04,310  
我经常跟大家说  
  
424  
00:16:04,650 --> 00:16:07,210  
那么肾浊，肾浊其实是湿浊于肾  
  
425  
00:16:07,570 --> 00:16:09,890  
我们现在目的不是把这个肾呢  
  
426  
00:16:10,290 --> 00:16:14,130  
里头那个湿浊都把它像烧开水那样给它烧开了  
  
427  
00:16:14,610 --> 00:16:15,650  
咱那个不是目的  
  
428  
00:16:15,810 --> 00:16:16,490  
目的是什么  
  
429  
00:16:16,890 --> 00:16:19,890  
开一口想办法让它走，对不对  
  
430  
00:16:20,250 --> 00:16:22,850  
那么我们为什么要用李忠来立法  
  
431  
00:16:22,850 --> 00:16:23,690  
原因很简单  
  
432  
00:16:23,730 --> 00:16:26,970  
李忠者，李忠交本身他是补谁啊  
  
433  
00:16:28,900 --> 00:16:29,620  
补脾土  
  
434  
00:16:31,620 --> 00:16:33,260  
那么脾土旺呢  
  
435  
00:16:33,860 --> 00:16:37,260  
则自能怎么样治肾水啊  
  
436  
00:16:37,340 --> 00:16:38,660  
咱们讲这个问题啊  
  
437  
00:16:40,870 --> 00:16:43,630  
脾土旺，自能  
  
438  
00:16:45,660 --> 00:16:49,900  
治肾水，那么也就自能治这个什么叫肾浊之病  
  
439  
00:16:50,660 --> 00:16:51,780  
因此古人呢  
  
440  
00:16:52,870 --> 00:16:54,350  
这个张禄先生啊  
  
441  
00:16:54,350 --> 00:16:56,750  
他说一句话我觉得很有道理  
  
442  
00:16:57,390 --> 00:16:59,390  
长沙治病叫什么呢  
  
443  
00:17:00,030 --> 00:17:01,550  
全以鸠本为物  
  
444  
00:17:01,840 --> 00:17:05,280  
这句话其实我也反复用我的方式跟大家都说过  
  
445  
00:17:05,599 --> 00:17:10,359  
我说仲景先师治病的手法常常是只治未病，不治已病  
  
446  
00:17:10,680 --> 00:17:11,440  
你发现了没有  
  
447  
00:17:12,119 --> 00:17:12,319  
他  
  
448  
00:17:12,640 --> 00:17:13,359  
那在我这  
  
449  
00:17:13,359 --> 00:17:15,160  
我的解读就是，胃病是病因  
  
450  
00:17:15,960 --> 00:17:17,960  
乙病是什么结果  
  
451  
00:17:18,319 --> 00:17:19,359  
原因和结果嘛  
  
452  
00:17:19,859 --> 00:17:21,260  
就是因和果，是不是  
  
453  
00:17:21,579 --> 00:17:22,980  
那么仲景先是治病  
  
454  
00:17:23,300 --> 00:17:24,339  
那么按照我们的理解  
  
455  
00:17:24,339 --> 00:17:25,980  
那你腰疼，你现在应该什么  
  
456  
00:17:26,220 --> 00:17:28,820  
咱们家打比方，什么枸杞什么的就上了吧  
  
457  
00:17:28,820 --> 00:17:29,140  
对吧  
  
458  
00:17:29,380 --> 00:17:29,620  
呵  
  
459  
00:17:29,620 --> 00:17:30,620  
银行货啊什么的  
  
460  
00:17:30,780 --> 00:17:31,900  
咱按现代人思维  
  
461  
00:17:32,150 --> 00:17:32,390  
哎  
  
462  
00:17:32,390 --> 00:17:34,110  
上去了，上去之后去问肾阳  
  
463  
00:17:34,110 --> 00:17:35,310  
但是仲景先师不是  
  
464  
00:17:35,310 --> 00:17:35,990  
他是治脾  
  
465  
00:17:36,870 --> 00:17:39,710  
看似跟肾其实没啥关系，没错吧  
  
466  
00:17:40,400 --> 00:17:40,600  
哎  
  
467  
00:17:40,680 --> 00:17:42,640  
但是它就能跟肾有关  
  
468  
00:17:42,920 --> 00:17:43,720  
怎么跟肾有关  
  
469  
00:17:44,040 --> 00:17:46,160  
补脾之后，脾土旺盛  
  
470  
00:17:46,200 --> 00:17:47,560  
则自能克制肾水  
  
471  
00:17:48,160 --> 00:17:49,520  
换掉补益的人参  
  
472  
00:17:50,040 --> 00:17:52,160  
加上开泄的茯苓  
  
473  
00:17:53,440 --> 00:17:56,220  
以开泄什么，水斜之去路  
  
474  
00:17:56,500 --> 00:17:58,100  
是不是给他留个口  
  
475  
00:17:58,860 --> 00:18:00,300  
把水斜的去路把它打开  
  
476  
00:18:00,780 --> 00:18:03,620  
打开之后，那这个事就完事了啊  
  
477  
00:18:04,200 --> 00:18:04,400  
哎  
  
478  
00:18:04,480 --> 00:18:06,400  
就是我们的目的是让这水走  
  
479  
00:18:06,400 --> 00:18:08,240  
而不是把这水烧开了啊  
  
480  
00:18:08,680 --> 00:18:10,040  
那你烧水多费劲啊  
  
481  
00:18:10,040 --> 00:18:10,320  
是吗  
  
482  
00:18:10,760 --> 00:18:11,960  
你烧水多费电啊  
  
483  
00:18:12,430 --> 00:18:13,430  
你放水容易啊  
  
484  
00:18:13,430 --> 00:18:14,670  
我就说这个道理啊  
  
485  
00:18:15,370 --> 00:18:18,370  
那么后世在这个方案的基础之上呢  
  
486  
00:18:18,650 --> 00:18:20,450  
有所加减啊  
  
487  
00:18:21,250 --> 00:18:23,090  
那么也都都有所理解  
  
488  
00:18:24,020 --> 00:18:24,660  
比如说，啊  
  
489  
00:18:25,220 --> 00:18:25,420  
呃  
  
490  
00:18:25,620 --> 00:18:27,900  
元代的时候，有一位赵以德  
  
491  
00:18:28,900 --> 00:18:29,820  
赵翼德啊  
  
492  
00:18:30,100 --> 00:18:32,460  
这个这个一家我跟你们曾经提过吧  
  
493  
00:18:32,860 --> 00:18:33,060  
哎  
  
494  
00:18:33,140 --> 00:18:35,980  
最早的一部金匮要略的著  
  
495  
00:18:36,820 --> 00:18:39,020  
赵宇德在他的注文之中呢  
  
496  
00:18:39,140 --> 00:18:41,340  
提到了这个白猪说，白猪呢  
  
497  
00:18:41,460 --> 00:18:43,860  
能利腰其间，血啊  
  
498  
00:18:44,300 --> 00:18:45,500  
我给你写一下啊  
  
499  
00:18:46,090 --> 00:18:49,810  
鲍里德说的叫利腰旗  
  
500  
00:18:53,720 --> 00:18:55,760  
肩穴  
  
501  
00:18:57,760 --> 00:19:00,800  
这五个字我们诊室的同学再熟悉不过了吧  
  
502  
00:19:01,010 --> 00:19:02,570  
我经常门诊的时候说啊  
  
503  
00:19:02,570 --> 00:19:03,290  
总说总说  
  
504  
00:19:03,570 --> 00:19:04,890  
但是我说的是另一个说法  
  
505  
00:19:04,890 --> 00:19:06,810  
叫立腰旗，还记不记得  
  
506  
00:19:07,250 --> 00:19:09,010  
那么立腰旗是谁说的呢  
  
507  
00:19:09,010 --> 00:19:11,680  
是陈世铎啊  
  
508  
00:19:12,240 --> 00:19:16,400  
那么清初医家陈士铎、傅青主、陈士铎一脉，呃  
  
509  
00:19:16,800 --> 00:19:17,440  
用方呢  
  
510  
00:19:17,520 --> 00:19:19,810  
非常的巧妙啊  
  
511  
00:19:20,010 --> 00:19:20,890  
非常的巧妙  
  
512  
00:19:21,250 --> 00:19:23,690  
那么这一脉呢，他当然也有自己的传承  
  
513  
00:19:23,690 --> 00:19:26,330  
但是其实有的时候你特别有意思啊你  
  
514  
00:19:26,330 --> 00:19:29,160  
你只要把这些文献啊，你对着看  
  
515  
00:19:29,760 --> 00:19:30,960  
你就会发现一个问题  
  
516  
00:19:31,400 --> 00:19:34,650  
就是哪个学说来自于谁，你就很清楚  
  
517  
00:19:35,010 --> 00:19:35,930  
那么所以说呢  
  
518  
00:19:36,370 --> 00:19:39,490  
其实陈世铎先生用生白猪去立妖旗  
  
519  
00:19:39,490 --> 00:19:42,430  
这是我经常惯用的一个手法，在门诊上  
  
520  
00:19:42,750 --> 00:19:47,210  
那么他其实是来源于赵以德的解读  
  
521  
00:19:47,610 --> 00:19:49,730  
那么赵以德这解读又是从哪儿来呢  
  
522  
00:19:49,810 --> 00:19:51,130  
从金匮要略而来  
  
523  
00:19:51,810 --> 00:19:53,450  
呃，因此我还老说那句话  
  
524  
00:19:53,730 --> 00:19:56,780  
源头活水，是不是有的时候你做学问啊  
  
525  
00:19:56,780 --> 00:19:57,380  
就是这样  
  
526  
00:19:57,380 --> 00:19:59,380  
那你最后看这个东西从哪来  
  
527  
00:19:59,380 --> 00:20:02,860  
其实早能总能找到他的这个溯源啊  
  
528  
00:20:02,860 --> 00:20:03,060  
那么  
  
529  
00:20:03,060 --> 00:20:04,540  
从这来，呃  
  
530  
00:20:04,740 --> 00:20:07,740  
因此这个咱们就理解了这个含义啊  
  
531  
00:20:07,980 --> 00:20:12,460  
那么理中汤去掉补益的茯苓加上肾泻  
  
532  
00:20:12,580 --> 00:20:12,780  
呃  
  
533  
00:20:12,780 --> 00:20:15,900  
去掉补益的人参，加上肾泄的茯苓  
  
534  
00:20:16,400 --> 00:20:17,720  
那么给邪气以去路  
  
535  
00:20:17,760 --> 00:20:19,640  
这个就叫什么肾浊汤啊  
  
536  
00:20:20,120 --> 00:20:21,240  
那么主肾浊之病  
  
537  
00:20:21,280 --> 00:20:23,040  
其实原文叫呃  
  
538  
00:20:23,520 --> 00:20:27,320  
这个干姜灵珠汤是吧甘草干姜茯苓白粥汤  
  
539  
00:20:28,370 --> 00:20:29,850  
呃，那么后世呢  
  
540  
00:20:29,850 --> 00:20:32,170  
对此方也多有发挥啊  
  
541  
00:20:32,170 --> 00:20:33,050  
也多有发挥  
  
542  
00:20:34,720 --> 00:20:37,760  
在千金的时候也有一个版本的肾浊汤  
  
543  
00:20:38,160 --> 00:20:42,720  
他是在这个金匮肾浊汤的基础上加了一味药啊  
  
544  
00:20:43,230 --> 00:20:46,750  
这给大家写上开拓一下大家的手眼啊  
  
545  
00:20:47,110 --> 00:20:47,990  
那么千金  
  
546  
00:20:49,740 --> 00:20:53,140  
在金匮肾卓的基础上加谁呢  
  
547  
00:20:55,440 --> 00:20:58,480  
你一看就非常巧妙了，加杏仁儿  
  
548  
00:20:59,160 --> 00:20:59,360  
哎  
  
549  
00:20:59,360 --> 00:21:00,480  
这个有意思了  
  
550  
00:21:00,920 --> 00:21:02,200  
因为我讲一个问题啊  
  
551  
00:21:02,760 --> 00:21:05,640  
那么我们说湿病啊  
  
552  
00:21:06,520 --> 00:21:07,640  
他在六气之中  
  
553  
00:21:08,580 --> 00:21:09,980  
那么湿土的  
  
554  
00:21:10,780 --> 00:21:12,860  
我们说他的那个那个六经  
  
555  
00:21:14,280 --> 00:21:14,960  
归于谁啊  
  
556  
00:21:15,600 --> 00:21:17,120  
归于太阴没错吧  
  
557  
00:21:17,160 --> 00:21:18,080  
太阴主湿土  
  
558  
00:21:18,710 --> 00:21:20,110  
那么咱们这个湿邪呢  
  
559  
00:21:20,150 --> 00:21:20,790  
现在呢  
  
560  
00:21:20,830 --> 00:21:23,150  
那你说我现在的立法，干姜灵珠汤  
  
561  
00:21:23,590 --> 00:21:25,950  
它其实呢，是通过足太阴  
  
562  
00:21:26,270 --> 00:21:29,290  
也就是脾温通，脾阳那么已去世  
  
563  
00:21:29,810 --> 00:21:32,790  
但是能不能把手太阴加上呢  
  
564  
00:21:33,550 --> 00:21:33,750  
哎  
  
565  
00:21:33,790 --> 00:21:35,670  
这个手法在伤寒论中惯用吧  
  
566  
00:21:36,190 --> 00:21:37,590  
是不是大家是不是很熟了  
  
567  
00:21:37,710 --> 00:21:39,070  
也就是桂枝汤里头  
  
568  
00:21:40,000 --> 00:21:41,240  
我有的时候要要，要  
  
569  
00:21:41,240 --> 00:21:43,840  
要要加厚朴杏仁或者富贵仁汤  
  
570  
00:21:43,840 --> 00:21:45,560  
我要戳粥，对不对  
  
571  
00:21:46,120 --> 00:21:46,320  
哎  
  
572  
00:21:46,360 --> 00:21:48,680  
那么我在治太阴的时候，我要用桂枝  
  
573  
00:21:49,880 --> 00:21:50,560  
要开太阳  
  
574  
00:21:50,880 --> 00:21:52,920  
就是太阴太阳一起开啊  
  
575  
00:21:52,920 --> 00:21:56,970  
那么这是古人一个呃非常惯用的用法  
  
576  
00:21:57,010 --> 00:21:58,370  
那么我桂枝汤开太阳  
  
577  
00:21:58,370 --> 00:21:59,570  
我为啥要戳七周啊  
  
578  
00:22:00,010 --> 00:22:00,810  
是不是戳七周  
  
579  
00:22:00,810 --> 00:22:02,170  
那那那是为补胎阴呢  
  
580  
00:22:02,410 --> 00:22:03,130  
是一个道理吧  
  
581  
00:22:03,330 --> 00:22:06,060  
那桂枝加厚朴杏仁汤，后破王皮走  
  
582  
00:22:06,180 --> 00:22:07,850  
幸而亡往肺走啊  
  
583  
00:22:08,090 --> 00:22:09,810  
一个足太阴，一个手太阴啊  
  
584  
00:22:10,090 --> 00:22:12,610  
那那么是不是都是跟这个是一贯的手法  
  
585  
00:22:12,810 --> 00:22:15,990  
因此你看古人很多这个手法啊  
  
586  
00:22:16,110 --> 00:22:18,670  
其实你看多了之后，你就发现了  
  
587  
00:22:19,360 --> 00:22:20,640  
结字因时相传  
  
588  
00:22:20,760 --> 00:22:21,960  
用笔千古不易  
  
589  
00:22:22,240 --> 00:22:23,080  
有很多笔法  
  
590  
00:22:23,080 --> 00:22:24,000  
你反复临摹  
  
591  
00:22:24,000 --> 00:22:24,600  
反复临摹  
  
592  
00:22:24,760 --> 00:22:27,150  
你就发现，其实他都是有传承的啊  
  
593  
00:22:27,150 --> 00:22:27,950  
非常有意思啊  
  
594  
00:22:27,950 --> 00:22:29,550  
所以我们读经典不白读啊  
  
595  
00:22:30,040 --> 00:22:31,440  
那么这里头加一个杏仁  
  
596  
00:22:31,680 --> 00:22:34,040  
实际上就把干这个，这个干姜灵珠汤  
  
597  
00:22:34,520 --> 00:22:36,600  
它本身祛湿的力量怎么样  
  
598  
00:22:37,120 --> 00:22:38,440  
加大了，发现了吧  
  
599  
00:22:39,160 --> 00:22:39,320  
哎  
  
600  
00:22:39,320 --> 00:22:40,680  
把他力量加大了  
  
601  
00:22:41,830 --> 00:22:42,030  
呃  
  
602  
00:22:42,030 --> 00:22:45,070  
那么后世还有更有意思的啊，呃  
  
603  
00:22:45,270 --> 00:22:47,350  
其实这个比那个千金还要早一点点  
  
604  
00:22:47,550 --> 00:22:48,750  
我曾经跟大家说过  
  
605  
00:22:49,150 --> 00:22:52,600  
在这个呃  
  
606  
00:22:54,000 --> 00:22:56,840  
南北朝的时候，有一位著名的僧人哈  
  
607  
00:22:56,960 --> 00:22:58,800  
你看我一说，咱们好多同学都知道  
  
608  
00:22:59,000 --> 00:23:00,800  
因为我平时也常用他的方啊  
  
609  
00:23:00,840 --> 00:23:02,280  
用的很多呃  
  
610  
00:23:03,210 --> 00:23:05,330  
僧深他这名字啊  
  
611  
00:23:05,330 --> 00:23:09,170  
那没留下来就知道一个字叫深  
  
612  
00:23:10,160 --> 00:23:14,240  
那么我们尊称为，那你不能叫僧参是吧  
  
613  
00:23:15,190 --> 00:23:15,390  
啊  
  
614  
00:23:15,470 --> 00:23:16,430  
轻慢祖师啊  
  
615  
00:23:16,750 --> 00:23:18,070  
那我们叫申时啊  
  
616  
00:23:18,110 --> 00:23:19,230  
对他很很敬重  
  
617  
00:23:19,510 --> 00:23:21,430  
那么在这个申食方之中  
  
618  
00:23:21,910 --> 00:23:26,650  
就有关于肾浊汤的变法，叫申食肾浊汤  
  
619  
00:23:27,130 --> 00:23:27,810  
当然这个呢  
  
620  
00:23:27,890 --> 00:23:28,770  
他版本啊  
  
621  
00:23:29,160 --> 00:23:30,280  
由于传本不同  
  
622  
00:23:30,280 --> 00:23:31,640  
版本还不一样啊  
  
623  
00:23:31,640 --> 00:23:32,160  
有的呢  
  
624  
00:23:32,560 --> 00:23:33,760  
呃，是加附子的  
  
625  
00:23:33,760 --> 00:23:35,360  
有的加肉桂和泽泻的  
  
626  
00:23:35,590 --> 00:23:37,430  
呃，但是有一个是不变的  
  
627  
00:23:37,430 --> 00:23:40,350  
就是要加杜仲牛膝啊  
  
628  
00:23:40,600 --> 00:23:41,720  
那么你从这个角度  
  
629  
00:23:41,720 --> 00:23:43,560  
你就发现它其实呢  
  
630  
00:23:43,840 --> 00:23:46,800  
是对金匮要略肾浊汤的一个延续  
  
631  
00:23:47,080 --> 00:23:47,800  
为什么这么说  
  
632  
00:23:47,800 --> 00:23:48,480  
因为我讲啊  
  
633  
00:23:48,800 --> 00:23:50,440  
金匮要略只治未病  
  
634  
00:23:50,440 --> 00:23:52,470  
不治已病，是不是啊  
  
635  
00:23:53,030 --> 00:23:54,710  
那么申时的法呢  
  
636  
00:23:54,750 --> 00:23:56,630  
其实我一句话就给你说穿了  
  
637  
00:23:56,910 --> 00:24:01,770  
你不管是那个我们说加杜仲牛膝附子  
  
638  
00:24:02,290 --> 00:24:04,370  
还是杜仲牛膝、泽泻肉桂  
  
639  
00:24:05,180 --> 00:24:08,340  
其实我认为只是他的入手法和侧面不同  
  
640  
00:24:08,420 --> 00:24:08,980  
对不对啊  
  
641  
00:24:09,340 --> 00:24:14,190  
但是他所要干的事都是未病和已病同治  
  
642  
00:24:14,890 --> 00:24:16,650  
而我们金匮要略的方法  
  
643  
00:24:17,010 --> 00:24:20,550  
它相对来说是我们讲叫水之上源啊  
  
644  
00:24:20,550 --> 00:24:22,310  
那个时候他还是指怎么办啊  
  
645  
00:24:22,590 --> 00:24:23,590  
盯着胃病去的  
  
646  
00:24:23,870 --> 00:24:25,670  
那么实话实说，在临床上呢  
  
647  
00:24:25,670 --> 00:24:27,070  
我今天看病呢  
  
648  
00:24:27,610 --> 00:24:27,810  
呃  
  
649  
00:24:28,170 --> 00:24:30,450  
那由于很多也多是这个  
  
650  
00:24:30,450 --> 00:24:34,200  
这个可能临床上肿瘤病居多啊  
  
651  
00:24:34,600 --> 00:24:38,200  
那么这种时候我们很多方案也很你想小也很难  
  
652  
00:24:38,760 --> 00:24:40,590  
呃，小很小啊  
  
653  
00:24:40,590 --> 00:24:42,030  
那不太容易啊  
  
654  
00:24:42,030 --> 00:24:44,230  
当然我所谓大方其实也没多大啊  
  
655  
00:24:44,350 --> 00:24:46,910  
那么就是可能十几位啊  
  
656  
00:24:47,260 --> 00:24:49,900  
20甚至有的那个二二十多位的时候吧  
  
657  
00:24:49,900 --> 00:24:52,580  
那对我来说那就很大的房了啊呃  
  
658  
00:24:54,290 --> 00:24:57,610  
相对来说我，我指的是比伤寒论的方啊要大  
  
659  
00:24:58,360 --> 00:25:01,160  
呃，那么这种状态之下呢  
  
660  
00:25:01,160 --> 00:25:04,640  
那么我们说其实已病未病，你无论你怎么治  
  
661  
00:25:04,760 --> 00:25:07,590  
但是你要把他的内涵啊搞清楚  
  
662  
00:25:07,590 --> 00:25:08,750  
把它结构弄清楚  
  
663  
00:25:08,870 --> 00:25:10,590  
那么就是这个就是这一方的传承  
  
664  
00:25:11,030 --> 00:25:12,310  
呃，到清代的时候  
  
665  
00:25:12,310 --> 00:25:13,550  
我跟大家讲过一个事  
  
666  
00:25:13,550 --> 00:25:15,630  
儿就是后来又出现了一部神作  
  
667  
00:25:16,070 --> 00:25:18,350  
就是著名的桂林古本伤寒论吧  
  
668  
00:25:18,980 --> 00:25:20,540  
在桂林古本伤寒论中  
  
669  
00:25:20,540 --> 00:25:25,510  
由于没有五脏风寒积聚脉证这一篇  
  
670  
00:25:26,150 --> 00:25:31,490  
因此他把这个玄花汤和肾浊汤散散出来了  
  
671  
00:25:31,490 --> 00:25:33,370  
我上次跟大家说过没有，哎  
  
672  
00:25:33,690 --> 00:25:37,600  
那么这个肾着汤最后就归到了  
  
673  
00:25:38,080 --> 00:25:41,680  
你回去仔细翻桂苓宫本伤寒论的寒病那一篇里头  
  
674  
00:25:42,290 --> 00:25:42,490  
啊  
  
675  
00:25:42,570 --> 00:25:43,050  
寒病  
  
676  
00:25:48,020 --> 00:25:50,700  
那么这里头有发挥啊  
  
677  
00:25:50,700 --> 00:25:53,140  
我为什么要把它单拿出来呢  
  
678  
00:25:53,820 --> 00:25:54,940  
有发挥啊  
  
679  
00:25:55,020 --> 00:25:56,980  
我们不是每个桂林古本伤寒论的方  
  
680  
00:25:56,980 --> 00:25:58,380  
我都会给大家提啊  
  
681  
00:25:58,960 --> 00:26:00,120  
在这儿，他说这么一个事  
  
682  
00:26:00,120 --> 00:26:00,960  
儿归林古本篇  
  
683  
00:26:01,040 --> 00:26:05,970  
那个寒冰篇说其卓其浊也  
  
684  
00:26:06,450 --> 00:26:08,010  
则凉果痛  
  
685  
00:26:08,970 --> 00:26:10,530  
干姜灵珠汤主之  
  
686  
00:26:10,530 --> 00:26:11,890  
我给你抄写一下啊  
  
687  
00:26:13,530 --> 00:26:17,690  
叫其卓也  
  
688  
00:26:18,800 --> 00:26:20,240  
对吧  
  
689  
00:26:20,800 --> 00:26:23,760  
他讲的是灼那个肾被湿浊了啊  
  
690  
00:26:24,080 --> 00:26:25,320  
啄完之后怎么样了呢  
  
691  
00:26:26,620 --> 00:26:29,340  
则两骨痛  
  
692  
00:26:35,420 --> 00:26:36,900  
哎，这个非常有意思  
  
693  
00:26:36,900 --> 00:26:39,460  
你看两个果果是啥地方啊  
  
694  
00:26:39,460 --> 00:26:41,580  
同学们果窝，哎  
  
695  
00:26:41,580 --> 00:26:43,020  
这个有啥内容吗  
  
696  
00:26:43,060 --> 00:26:45,990  
有啊，灵枢有一篇叫邪客篇  
  
697  
00:26:46,390 --> 00:26:48,950  
他其中说过了一个概念，这个  
  
698  
00:26:49,390 --> 00:26:49,670  
呃  
  
699  
00:26:50,140 --> 00:26:52,820  
那么给大家提一下，非常有意思  
  
700  
00:26:52,820 --> 00:26:53,740  
叫八须  
  
701  
00:26:58,820 --> 00:26:59,500  
八虚啊  
  
702  
00:27:00,340 --> 00:27:01,260  
八虚是哪呢  
  
703  
00:27:01,260 --> 00:27:02,300  
其实非常简单啊  
  
704  
00:27:02,740 --> 00:27:03,740  
人的两个腋下  
  
705  
00:27:04,460 --> 00:27:05,940  
人的两个肘弯  
  
706  
00:27:06,390 --> 00:27:08,910  
两个腹股沟和两个果窝  
  
707  
00:27:09,350 --> 00:27:10,230  
为什么叫八虚  
  
708  
00:27:10,590 --> 00:27:16,110  
因为它是我们躯干连接处比较这个连接的  
  
709  
00:27:16,110 --> 00:27:16,990  
比较灵活的地方  
  
710  
00:27:16,990 --> 00:27:17,830  
大关节是吧  
  
711  
00:27:18,270 --> 00:27:24,340  
那么这种地方也必然是邪气容易藏克藏的地方  
  
712  
00:27:24,340 --> 00:27:24,780  
为什么  
  
713  
00:27:24,900 --> 00:27:26,820  
因为你这地方正气一定会偏弱  
  
714  
00:27:27,230 --> 00:27:28,470  
我说个更简单的事  
  
715  
00:27:28,830 --> 00:27:29,910  
虽然我不吃螃蟹啊  
  
716  
00:27:29,910 --> 00:27:30,790  
我们就说这个道理  
  
717  
00:27:31,030 --> 00:27:33,150  
那你掰螃蟹，你在哪掰呀  
  
718  
00:27:34,230 --> 00:27:35,310  
你明白这道理了吧  
  
719  
00:27:35,630 --> 00:27:36,870  
那就是一个道理啊  
  
720  
00:27:36,870 --> 00:27:38,070  
它道理其实非常简单  
  
721  
00:27:38,070 --> 00:27:38,910  
你这脆弱  
  
722  
00:27:38,950 --> 00:27:41,180  
因为你这灵活，是这里道理吧  
  
723  
00:27:41,180 --> 00:27:43,660  
咱们这有正骨专家在这，我们就讲这道理  
  
724  
00:27:43,780 --> 00:27:47,050  
那往往关节的地方它容易被邪气刻章  
  
725  
00:27:47,370 --> 00:27:48,850  
而这里头还有一件事啊  
  
726  
00:27:48,850 --> 00:27:52,490  
灵枢邪客说这么一句话叫叫什么呢  
  
727  
00:27:53,860 --> 00:27:54,580  
肾有邪  
  
728  
00:27:56,120 --> 00:27:59,200  
其呃，其气留于两国啊  
  
729  
00:27:59,640 --> 00:28:02,280  
你看他讲这么个问题叫肾有邪  
  
730  
00:28:02,850 --> 00:28:04,610  
其气留于两国  
  
731  
00:28:04,930 --> 00:28:06,650  
那么说明明两个果窝啊  
  
732  
00:28:07,210 --> 00:28:11,100  
它本身也是跟肾府相关的  
  
733  
00:28:11,260 --> 00:28:12,300  
我们讲这个道理吧  
  
734  
00:28:12,860 --> 00:28:15,140  
它它也相当于肾的一个外翘  
  
735  
00:28:16,030 --> 00:28:17,510  
那么从这个角度上来说  
  
736  
00:28:17,550 --> 00:28:20,870  
同学们，就桂林古本伤寒论这一条文  
  
737  
00:28:21,310 --> 00:28:26,360  
其实它拓展了我们对于肾着汤的一个眼目  
  
738  
00:28:26,880 --> 00:28:31,100  
你就不光知道啊，肾浊汤是腰疼啊  
  
739  
00:28:31,460 --> 00:28:36,060  
那你还能知道其实两个果窝的这种疼痛或病变  
  
740  
00:28:36,620 --> 00:28:38,980  
那么其实也提示了肾中藏血  
  
741  
00:28:40,840 --> 00:28:42,520  
那么这就很重要了啊  
  
742  
00:28:42,640 --> 00:28:43,160  
没错吧  
  
743  
00:28:43,640 --> 00:28:44,480  
那么从这个角度  
  
744  
00:28:44,800 --> 00:28:51,080  
桂林古本伤寒论到底是仲景先是真迹还是后事作伪  
  
745  
00:28:51,820 --> 00:28:52,540  
还有意义吗  
  
746  
00:28:52,540 --> 00:28:53,500  
我觉得没意义啊  
  
747  
00:28:53,500 --> 00:28:55,260  
就这东西好不好使就完了啊  
  
748  
00:28:55,580 --> 00:28:56,860  
我觉得它好用哈  
  
749  
00:28:58,070 --> 00:28:58,750  
嗯，好  
  
750  
00:28:58,830 --> 00:29:00,630  
那么在这就给大家说这些啊  
  
751  
00:29:00,630 --> 00:29:01,390  
不再赘述  
  
752  
00:29:02,450 --> 00:29:03,410  
接着往下看  
  
753  
00:29:04,530 --> 00:29:07,330  
后头下一条呢，叫肾死葬  
  
754  
00:29:09,020 --> 00:29:09,220  
嗯  
  
755  
00:29:09,340 --> 00:29:11,540  
他告诉你了，扶持肩啥意思  
  
756  
00:29:11,540 --> 00:29:15,660  
就是你轻轻摸它的皮表的时候发现那个脉啊  
  
757  
00:29:15,700 --> 00:29:16,900  
很有力对不对  
  
758  
00:29:17,530 --> 00:29:20,210  
然后按之乱如转丸  
  
759  
00:29:20,610 --> 00:29:24,410  
你往下一按之后弹手啊，弹手  
  
760  
00:29:24,410 --> 00:29:25,730  
而且脉有点无序  
  
761  
00:29:26,540 --> 00:29:26,740  
呃  
  
762  
00:29:27,820 --> 00:29:29,860  
翼下入齿中则死  
  
763  
00:29:30,380 --> 00:29:33,940  
那么这种弹手的脉，如果尺终是哪儿  
  
764  
00:29:33,940 --> 00:29:34,740  
其实就是尺步  
  
765  
00:29:35,220 --> 00:29:36,940  
当然也有人认为是尺泽啊  
  
766  
00:29:36,940 --> 00:29:39,150  
我认为尺步就就对了啊  
  
767  
00:29:39,470 --> 00:29:41,470  
因为这个寸关尺三部  
  
768  
00:29:41,470 --> 00:29:44,190  
其实它是可以代表全身的  
  
769  
00:29:44,670 --> 00:29:47,030  
那么到齿终的时候，这个就为难治  
  
770  
00:29:48,190 --> 00:29:48,390  
呃  
  
771  
00:29:48,910 --> 00:29:52,490  
那么这个呢，实际上还是源于内经啊  
  
772  
00:29:52,490 --> 00:29:54,770  
所以我们从这个角度来看啊  
  
773  
00:29:54,770 --> 00:29:58,610  
你发现仲景贤时的伤寒杂病论那么金贵  
  
774  
00:29:58,610 --> 00:30:00,170  
作为伤寒杂病论的一部分啊  
  
775  
00:30:00,570 --> 00:30:02,450  
其实真的像仲景先师所说  
  
776  
00:30:03,090 --> 00:30:05,450  
撰用素问九卷81难，对不对啊  
  
777  
00:30:05,570 --> 00:30:07,850  
他从内经内难传承而来  
  
778  
00:30:08,430 --> 00:30:10,550  
呃，那么讲这么一句话  
  
779  
00:30:11,150 --> 00:30:12,910  
预计真脏论，呃  
  
780  
00:30:12,910 --> 00:30:14,430  
预计深藏这一篇啊  
  
781  
00:30:14,510 --> 00:30:16,070  
那么大家已经熟了  
  
782  
00:30:16,070 --> 00:30:17,710  
我上次也给你们提过，是不是  
  
783  
00:30:18,030 --> 00:30:18,230  
哎  
  
784  
00:30:18,230 --> 00:30:19,550  
那么咱们当时讲过，啊  
  
785  
00:30:19,800 --> 00:30:21,480  
这个这个肝死脏对吧  
  
786  
00:30:21,820 --> 00:30:24,060  
那么每一每一个脏器，它的脉是啥样  
  
787  
00:30:24,260 --> 00:30:27,220  
呃，预计肾脏里头讲了大量的那个真脏脉的状态  
  
788  
00:30:27,460 --> 00:30:31,080  
那他就说了，说真肾脉至博而绝如指  
  
789  
00:30:31,120 --> 00:30:33,080  
弹石必必然  
  
790  
00:30:33,840 --> 00:30:36,760  
那么他讲的就是那个抬手啊，像石头一样  
  
791  
00:30:37,040 --> 00:30:38,120  
那么咱们这个呢  
  
792  
00:30:39,230 --> 00:30:42,190  
被后世称之为叫什么叫弹石脉啊  
  
793  
00:30:42,230 --> 00:30:43,910  
檀石脉，弹石头  
  
794  
00:30:48,160 --> 00:30:48,840  
讲到这呢  
  
795  
00:30:48,920 --> 00:30:50,640  
稍稍拓展一下啊  
  
796  
00:30:51,320 --> 00:30:55,040  
元代的时候有一位医家叫威艺林  
  
797  
00:30:55,890 --> 00:30:58,650  
我一提他很多同学都知道了  
  
798  
00:30:58,650 --> 00:30:59,210  
想起来了  
  
799  
00:30:59,210 --> 00:31:02,370  
他有一部著作叫什么，试医得效方  
  
800  
00:31:02,810 --> 00:31:03,770  
这咱们很熟吧  
  
801  
00:31:04,250 --> 00:31:08,540  
那么这部著作之中提出了一个首先提出了一个概念  
  
802  
00:31:08,780 --> 00:31:09,860  
叫十怪脉  
  
803  
00:31:09,940 --> 00:31:12,620  
在这我提一下啊，十怪脉  
  
804  
00:31:14,700 --> 00:31:19,060  
十种比较怪的外形  
  
805  
00:31:19,570 --> 00:31:19,770  
呃  
  
806  
00:31:19,850 --> 00:31:21,610  
后世当然有很多说法啊  
  
807  
00:31:21,610 --> 00:31:22,890  
你比如说医学入门啊  
  
808  
00:31:22,890 --> 00:31:24,810  
他告诉你说还有七绝脉  
  
809  
00:31:24,810 --> 00:31:29,050  
但我我总觉得七绝的这个用法有点，呃  
  
810  
00:31:29,730 --> 00:31:31,050  
我不多评论啊哈  
  
811  
00:31:31,050 --> 00:31:33,970  
我我不不是很喜欢，那么这个呃  
  
812  
00:31:35,350 --> 00:31:35,950  
石怪啊  
  
813  
00:31:35,950 --> 00:31:37,590  
这绝对是原创啊  
  
814  
00:31:37,590 --> 00:31:39,270  
绝对是叫水之源头  
  
815  
00:31:39,720 --> 00:31:39,920  
呃  
  
816  
00:31:40,040 --> 00:31:42,080  
就像钱老时常跟我说的  
  
817  
00:31:42,320 --> 00:31:44,040  
未免俗如虚读史，对吧  
  
818  
00:31:44,240 --> 00:31:47,280  
那咱们就始终你要知道这个东西从出处从哪来  
  
819  
00:31:47,540 --> 00:31:48,860  
石怪分别是什么呢  
  
820  
00:31:49,420 --> 00:31:51,860  
所谓腹肺鱼翔，痰食解锁  
  
821  
00:31:52,020 --> 00:31:52,700  
屋漏虾  
  
822  
00:31:52,700 --> 00:31:53,700  
游雀啄眼刀  
  
823  
00:31:54,180 --> 00:31:55,840  
转斗，还有麻促脉  
  
824  
00:31:56,120 --> 00:31:58,840  
那么这些麦形实际上我们在临床中啊  
  
825  
00:31:59,140 --> 00:32:02,780  
那么有的时候见到患者一些终末期的时候就非常形象  
  
826  
00:32:03,140 --> 00:32:07,850  
你比如说那个虾油麦就真的像小虾在手指头，一聚一散  
  
827  
00:32:07,850 --> 00:32:08,810  
一聚一散，对吧  
  
828  
00:32:09,010 --> 00:32:11,070  
在那游那个眼刀脉啊  
  
829  
00:32:11,070 --> 00:32:13,510  
你一摸就真像摸到了那个刀刃上  
  
830  
00:32:13,510 --> 00:32:14,750  
那那那那种感觉啊  
  
831  
00:32:14,750 --> 00:32:17,070  
那都是真脏脉滞的表现啊  
  
832  
00:32:17,310 --> 00:32:21,830  
屋漏麦真的就像屋子那个漏水一样滴答滴答  
  
833  
00:32:22,440 --> 00:32:22,880  
对的  
  
834  
00:32:22,880 --> 00:32:23,840  
就这那种感觉  
  
835  
00:32:24,120 --> 00:32:26,800  
那么就都是这个视觉之象  
  
836  
00:32:26,800 --> 00:32:28,520  
那么见到这种石怪卖  
  
837  
00:32:28,910 --> 00:32:32,310  
往往你医生对患者的预后要有明确的判断  
  
838  
00:32:32,430 --> 00:32:34,510  
而且要跟家属提前沟通啊  
  
839  
00:32:34,510 --> 00:32:35,850  
关于这个呢，呃  
  
840  
00:32:36,010 --> 00:32:38,250  
我们有很多案例啊  
  
841  
00:32:38,290 --> 00:32:40,690  
那在这就不跟大家具体细说了  
  
842  
00:32:40,690 --> 00:32:43,290  
有有位患者曾经也给我讲过类似的事啊  
  
843  
00:32:43,290 --> 00:32:45,780  
就老老大夫到患者家里去  
  
844  
00:32:45,780 --> 00:32:49,020  
诶，开看了麦之后跟患者说说  
  
845  
00:32:49,100 --> 00:32:50,780  
你等我回家配药  
  
846  
00:32:51,390 --> 00:32:52,630  
然后出来徒弟问他说  
  
847  
00:32:52,630 --> 00:32:54,190  
师傅，你也不给人配药啊  
  
848  
00:32:54,510 --> 00:32:55,430  
你不都开方吗  
  
849  
00:32:55,750 --> 00:32:56,550  
别别多问  
  
850  
00:32:57,090 --> 00:32:59,330  
就过三天人没了就说这个道理啊  
  
851  
00:32:59,370 --> 00:33:01,250  
所以我们一行啊，呃  
  
852  
00:33:01,770 --> 00:33:02,610  
其实挺险  
  
853  
00:33:03,010 --> 00:33:04,650  
实话实说啊，呃  
  
854  
00:33:04,650 --> 00:33:05,490  
从技术层面  
  
855  
00:33:05,810 --> 00:33:08,740  
那么这个从金匮要略来说  
  
856  
00:33:08,740 --> 00:33:09,940  
他就有告诉你  
  
857  
00:33:10,020 --> 00:33:14,300  
遇见患者转归和预后不良的这种慢行啊  
  
858  
00:33:14,300 --> 00:33:18,370  
那么咱们能必须要知道他往上说能上  
  
859  
00:33:18,370 --> 00:33:22,790  
说到素问的什么，预计真脏论往下拓展呢  
  
860  
00:33:23,110 --> 00:33:24,270  
那么能够到哪啊  
  
861  
00:33:24,670 --> 00:33:28,600  
到这个元代威意林的世医得效方十怪之脉行  
  
862  
00:33:29,160 --> 00:33:30,560  
起码咱不说研究多深  
  
863  
00:33:30,960 --> 00:33:33,440  
那面上这些东西咱们都得会没错吧  
  
864  
00:33:34,430 --> 00:33:34,630  
嗯  
  
865  
00:33:35,950 --> 00:33:37,870  
好这个，接着往后走  
  
866  
00:33:39,530 --> 00:33:40,130  
下头呢  
  
867  
00:33:40,170 --> 00:33:45,120  
这个讲这么一个概念叫上交结三焦的问题  
  
868  
00:33:45,120 --> 00:33:45,560  
对不对啊  
  
869  
00:33:45,960 --> 00:33:46,360  
问曰  
  
870  
00:33:46,640 --> 00:33:50,520  
三焦皆不上焦，结善什么  
  
871  
00:33:50,520 --> 00:33:51,840  
善矮就矮气  
  
872  
00:33:52,040 --> 00:33:52,560  
为啥呢  
  
873  
00:33:53,280 --> 00:33:56,620  
诗曰，上焦受中焦什么意思啊  
  
874  
00:33:57,460 --> 00:33:59,500  
那么肺手太阴之脉是起于哪儿啊  
  
875  
00:34:00,010 --> 00:34:00,850  
起于中焦吧  
  
876  
00:34:01,410 --> 00:34:05,330  
那么营卫生会篇咱们之前举过例子也说了  
  
877  
00:34:05,570 --> 00:34:07,290  
中焦疫病胃中  
  
878  
00:34:07,620 --> 00:34:09,179  
那么它才能化身银血吧  
  
879  
00:34:09,580 --> 00:34:10,380  
没错吧  
  
880  
00:34:12,130 --> 00:34:13,170  
那么呃  
  
881  
00:34:14,250 --> 00:34:17,449  
这个中焦之所出啊  
  
882  
00:34:17,570 --> 00:34:18,290  
那么咱们讲  
  
883  
00:34:19,830 --> 00:34:22,350  
那么所出处于处于上交啊  
  
884  
00:34:23,770 --> 00:34:25,090  
气味核不能削骨  
  
885  
00:34:25,449 --> 00:34:27,170  
故能癌  
  
886  
00:34:28,940 --> 00:34:32,139  
那么上交结之后他一定是体现在中焦啊  
  
887  
00:34:32,139 --> 00:34:35,940  
体现在这个嗳气啊，嗳气  
  
888  
00:34:37,639 --> 00:34:39,880  
就我们老百姓俗称的打嗝啊  
  
889  
00:34:41,139 --> 00:34:41,860  
下焦结  
  
890  
00:34:42,020 --> 00:34:44,540  
那么下焦空了啊，结就是解乏的意思  
  
891  
00:34:44,540 --> 00:34:46,739  
空乏的意思，即什么呢  
  
892  
00:34:47,500 --> 00:34:50,130  
一逆尸变，那么就是二变  
  
893  
00:34:51,010 --> 00:34:51,290  
呃  
  
894  
00:34:52,250 --> 00:34:53,690  
不能紧  
  
895  
00:34:53,850 --> 00:34:56,969  
那么后头讲了其妻不和，不能自谨  
  
896  
00:34:56,969 --> 00:34:59,150  
制不虚掷久则欲  
  
897  
00:34:59,150 --> 00:35:00,270  
但这个分咋说啊  
  
898  
00:35:00,270 --> 00:35:01,590  
同学们，呃  
  
899  
00:35:01,690 --> 00:35:04,490  
这讲的应该还是比较那个轻的事啊  
  
900  
00:35:04,490 --> 00:35:05,850  
就是下焦劫伐  
  
901  
00:35:06,040 --> 00:35:08,800  
但真正我们有很多在临床中真正看见患者  
  
902  
00:35:08,800 --> 00:35:10,040  
如果突然间二便失禁  
  
903  
00:35:10,080 --> 00:35:12,320  
你要注意，有可能人要不行了  
  
904  
00:35:12,650 --> 00:35:14,010  
那么很多时候都是这样啊  
  
905  
00:35:14,570 --> 00:35:17,630  
呃，仲景先师这个说的是呃  
  
906  
00:35:18,070 --> 00:35:18,910  
讲的是机理  
  
907  
00:35:19,030 --> 00:35:20,750  
他并没说这个东西转回愈后  
  
908  
00:35:21,070 --> 00:35:23,870  
这东西愈后不一定是能能，能不用治自己  
  
909  
00:35:23,870 --> 00:35:24,390  
好啊  
  
910  
00:35:25,400 --> 00:35:27,120  
不矛盾啊  
  
911  
00:35:27,120 --> 00:35:27,880  
这俩不矛盾  
  
912  
00:35:27,880 --> 00:35:28,760  
一个说的是机理  
  
913  
00:35:28,840 --> 00:35:30,160  
仲景先生说的是机理  
  
914  
00:35:30,430 --> 00:35:32,470  
我说的呢是提醒大家一下啊  
  
915  
00:35:32,790 --> 00:35:33,950  
他有不好的转归  
  
916  
00:35:33,950 --> 00:35:36,690  
很多时候啊，患者突然之间二便就下来了  
  
917  
00:35:37,090 --> 00:35:38,530  
那么不久人就没了  
  
918  
00:35:38,690 --> 00:35:40,010  
有很多这种情况  
  
919  
00:35:40,460 --> 00:35:42,940  
呃，但我说的不是普通的大小便失禁啊  
  
920  
00:35:43,180 --> 00:35:44,740  
我说这个肯定是有预兆的  
  
921  
00:35:44,740 --> 00:35:45,300  
这个人啊  
  
922  
00:35:45,460 --> 00:35:47,140  
他是一步一步的疾病  
  
923  
00:35:47,140 --> 00:35:48,780  
由浅入深的转归对不对  
  
924  
00:35:48,970 --> 00:35:49,730  
那么到后来  
  
925  
00:35:51,930 --> 00:35:55,680  
呃第19条诗曰，热在上焦者  
  
926  
00:35:55,840 --> 00:35:59,090  
因咳为肺痿，这段就非常经典了  
  
927  
00:35:59,090 --> 00:36:01,730  
其实它呢，一共讲了七件事  
  
928  
00:36:02,050 --> 00:36:03,850  
但是里头涉及到八重  
  
929  
00:36:04,370 --> 00:36:06,330  
这这这个不同的转柜  
  
930  
00:36:07,170 --> 00:36:07,450  
呃  
  
931  
00:36:07,940 --> 00:36:09,500  
热在上焦的时候  
  
932  
00:36:09,500 --> 00:36:11,340  
那就肺痿，这个非常简单吧  
  
933  
00:36:11,580 --> 00:36:12,820  
咱们讲那个肺痿的痿  
  
934  
00:36:12,820 --> 00:36:15,430  
上次都说过，就树叶枯萎的尾嘛  
  
935  
00:36:15,670 --> 00:36:16,470  
他俩都是通的  
  
936  
00:36:16,470 --> 00:36:19,470  
因为热血本身就是克肺金  
  
937  
00:36:20,290 --> 00:36:21,210  
热血属火  
  
938  
00:36:21,970 --> 00:36:23,010  
火就能氪金  
  
939  
00:36:23,940 --> 00:36:25,980  
那么肺金合于肺对不对啊  
  
940  
00:36:26,180 --> 00:36:27,980  
所以肺热就容易肺痿啊  
  
941  
00:36:28,600 --> 00:36:30,400  
若在中焦会怎么样呢  
  
942  
00:36:30,440 --> 00:36:32,880  
则为肩这个肩，你不要过度解读  
  
943  
00:36:33,240 --> 00:36:34,640  
这个尖指的就是大便  
  
944  
00:36:34,640 --> 00:36:36,500  
肩就是便秘，对吧  
  
945  
00:36:36,860 --> 00:36:39,020  
那你中焦热便秘，这不奇怪啊  
  
946  
00:36:39,340 --> 00:36:43,160  
所以临床中有一些这个比较寒的方法啊  
  
947  
00:36:43,160 --> 00:36:46,070  
去通便，它也是有它的道理和内涵的  
  
948  
00:36:46,350 --> 00:36:48,350  
比如说有的人这个大便不通  
  
949  
00:36:48,430 --> 00:36:51,270  
他喜欢用一些什么芦荟胶囊啊，是吧  
  
950  
00:36:51,570 --> 00:36:54,050  
那么用这些，为啥一开始他有的时候它好使啊  
  
951  
00:36:54,330 --> 00:36:55,970  
那因为那个时候是中焦热  
  
952  
00:36:56,450 --> 00:37:00,650  
但现在的人大量的吃水果吃冷饮  
  
953  
00:37:01,250 --> 00:37:02,530  
那么一得病之后呢  
  
954  
00:37:02,570 --> 00:37:04,570  
玩命的这个抗生素对吧  
  
955  
00:37:04,970 --> 00:37:07,220  
平时吹空调，他中焦没那么热  
  
956  
00:37:07,540 --> 00:37:09,580  
所以这现在的人你在便秘的时候  
  
957  
00:37:09,580 --> 00:37:11,700  
你再用这种老办法  
  
958  
00:37:11,700 --> 00:37:12,620  
他不见得能行  
  
959  
00:37:12,980 --> 00:37:15,580  
这个就是所谓古方不一定能治今病  
  
960  
00:37:15,780 --> 00:37:17,060  
我说不一定能啊  
  
961  
00:37:17,180 --> 00:37:18,020  
没说不治  
  
962  
00:37:18,300 --> 00:37:19,700  
那么古方要是不是金币  
  
963  
00:37:19,700 --> 00:37:21,460  
我们讲金匮要略，咱们干啥呢是吧  
  
964  
00:37:22,020 --> 00:37:22,900  
咱们图什么呀  
  
965  
00:37:23,010 --> 00:37:23,850  
能治啊  
  
966  
00:37:23,850 --> 00:37:24,970  
但这个东西我们要明白  
  
967  
00:37:24,970 --> 00:37:28,880  
他的方，任何方都是礼法的表达啊  
  
968  
00:37:28,880 --> 00:37:32,320  
对于表达对于礼法的一个实践啊  
  
969  
00:37:33,720 --> 00:37:34,400  
你先通理  
  
970  
00:37:35,160 --> 00:37:36,280  
呃，热在下焦呢  
  
971  
00:37:36,280 --> 00:37:37,360  
会出现俩事  
  
972  
00:37:37,480 --> 00:37:40,310  
一个是呃，尿血  
  
973  
00:37:40,590 --> 00:37:42,270  
那么这个其实就很简单了  
  
974  
00:37:42,270 --> 00:37:44,830  
咱们说这个太阳病不解热结膀胱  
  
975  
00:37:45,910 --> 00:37:46,270  
对吧  
  
976  
00:37:46,590 --> 00:37:48,280  
勤如狂，呃  
  
977  
00:37:48,280 --> 00:37:50,280  
那么这个时候肯定就要下雪了吧  
  
978  
00:37:51,230 --> 00:37:53,230  
那么呃，热结膀胱或者热  
  
979  
00:37:53,630 --> 00:37:54,750  
这个热在下焦啊  
  
980  
00:37:55,310 --> 00:37:55,990  
少腹当溢满  
  
981  
00:37:55,990 --> 00:37:58,110  
小便自利者，下血乃愈是不是  
  
982  
00:37:58,550 --> 00:37:58,750  
呃  
  
983  
00:37:59,030 --> 00:38:02,680  
124条，这个这个抵当汤正啊  
  
984  
00:38:02,680 --> 00:38:05,720  
和106陶瓷成器讲的都是这个事啊  
  
985  
00:38:06,490 --> 00:38:08,530  
那么除了尿血还能怎么样  
  
986  
00:38:09,120 --> 00:38:11,280  
说这个令密不通啊  
  
987  
00:38:11,360 --> 00:38:12,560  
那么就尿不出来  
  
988  
00:38:12,920 --> 00:38:16,050  
咱们知道有一种病叫淋病，是不是啊  
  
989  
00:38:16,330 --> 00:38:20,410  
那么我们今天的这个中医内科经常啊  
  
990  
00:38:20,780 --> 00:38:22,900  
要提醒学生们一个事  
  
991  
00:38:23,180 --> 00:38:25,980  
就是说你千万要记住这个淋病啊  
  
992  
00:38:25,980 --> 00:38:28,100  
跟我们中医说的论证是两回事  
  
993  
00:38:28,720 --> 00:38:30,960  
事情其实都分好坏两面  
  
994  
00:38:31,280 --> 00:38:34,690  
由于过去呢，咱们说这个民风淳朴啊  
  
995  
00:38:34,690 --> 00:38:36,050  
咱们讲啊，就是这种病呢  
  
996  
00:38:36,050 --> 00:38:36,650  
比较少见  
  
997  
00:38:37,010 --> 00:38:39,620  
那么尤其你一提起来  
  
998  
00:38:39,620 --> 00:38:42,340  
那可能这个就不只是家庭矛盾的问题了  
  
999  
00:38:42,340 --> 00:38:43,380  
可能就要出人命了  
  
1000  
00:38:43,380 --> 00:38:44,460  
他说这个道理啊  
  
1001  
00:38:44,930 --> 00:38:45,130  
呃  
  
1002  
00:38:45,130 --> 00:38:46,810  
那么所以谈之色变  
  
1003  
00:38:47,170 --> 00:38:50,250  
所以中医内科今天在讲的时候还是把他俩分开  
  
1004  
00:38:50,570 --> 00:38:52,250  
但是其实我们反过来说  
  
1005  
00:38:52,540 --> 00:38:54,860  
淋病难道不能按中医的论证治吗  
  
1006  
00:38:55,460 --> 00:38:56,100  
其实可以  
  
1007  
00:38:56,140 --> 00:38:57,460  
那你猪苓汤不能用吗  
  
1008  
00:38:57,460 --> 00:38:58,580  
咱们打一个比方是吧  
  
1009  
00:38:58,980 --> 00:39:01,260  
所以这个东西我们中医治病是  
  
1010  
00:39:01,260 --> 00:39:03,380  
你要怎么能越学越行  
  
1011  
00:39:04,760 --> 00:39:06,680  
大家细明白我的这句话啊  
  
1012  
00:39:07,070 --> 00:39:08,830  
而不是越学越不行  
  
1013  
00:39:08,950 --> 00:39:10,070  
明白明白啥意思  
  
1014  
00:39:10,070 --> 00:39:11,950  
没有可能，我一说很多人不懂啊  
  
1015  
00:39:12,150 --> 00:39:16,620  
你慢慢细品，我教学生就是让他们越来越行  
  
1016  
00:39:18,980 --> 00:39:22,250  
那么呃，论病能不能当论政治啊  
  
1017  
00:39:22,410 --> 00:39:22,610  
怎么  
  
1018  
00:39:22,610 --> 00:39:23,130  
不能啊  
  
1019  
00:39:23,130 --> 00:39:24,050  
这叫越来越行  
  
1020  
00:39:24,630 --> 00:39:26,350  
你不能越来越不行啊  
  
1021  
00:39:26,350 --> 00:39:28,110  
告诉你拎病论证两回事啊  
  
1022  
00:39:28,110 --> 00:39:29,590  
你一定要不能往一块搅和  
  
1023  
00:39:29,870 --> 00:39:31,990  
那我们中医病因病机都是摆设啊  
  
1024  
00:39:32,800 --> 00:39:35,960  
你犯了这个病机你就可以按我们这个病机走是不是  
  
1025  
00:39:36,240 --> 00:39:36,480  
哎  
  
1026  
00:39:36,640 --> 00:39:39,280  
就是怎么能让一张方越来管的越多  
  
1027  
00:39:39,570 --> 00:39:42,280  
而不是让这方越来管的越少啊  
  
1028  
00:39:42,280 --> 00:39:43,920  
咱们得明白明白这个道理啊  
  
1029  
00:39:44,360 --> 00:39:45,720  
但多不是硬管  
  
1030  
00:39:46,080 --> 00:39:47,680  
你得懂它的道理对不对  
  
1031  
00:39:48,110 --> 00:39:50,070  
那么你即使是西医说的淋病  
  
1032  
00:39:50,310 --> 00:39:51,550  
那我们在临床上也治啊  
  
1033  
00:39:51,830 --> 00:39:55,950  
那实际上他不也是按照那他最后长不长在人身上吗  
  
1034  
00:39:56,630 --> 00:39:56,950  
对吧  
  
1035  
00:39:57,150 --> 00:39:59,230  
只要长人身上，你按不按六经走啊  
  
1036  
00:39:59,510 --> 00:40:01,470  
按六经走那就完了啊  
  
1037  
00:40:02,180 --> 00:40:03,180  
你要你要是太阳  
  
1038  
00:40:03,220 --> 00:40:06,180  
那就从太阳走在阳明的水热互结，从阳明走  
  
1039  
00:40:06,380 --> 00:40:07,580  
那你就甘于少阴  
  
1040  
00:40:07,580 --> 00:40:09,780  
从少阴走厥阴风木，是不是都行啊  
  
1041  
00:40:10,260 --> 00:40:10,580  
哎  
  
1042  
00:40:12,330 --> 00:40:13,410  
你看你在哪  
  
1043  
00:40:14,150 --> 00:40:15,030  
呃，利密不通  
  
1044  
00:40:15,350 --> 00:40:17,590  
那么这个就是讲那个小便费劲对吧  
  
1045  
00:40:17,910 --> 00:40:18,110  
哎  
  
1046  
00:40:18,190 --> 00:40:18,870  
热在下焦  
  
1047  
00:40:19,190 --> 00:40:20,950  
要不就是尿血，要不小便费劲  
  
1048  
00:40:22,600 --> 00:40:22,800  
呃  
  
1049  
00:40:22,960 --> 00:40:27,160  
大肠有寒多雾，糖雾就是鸭鸭子啊  
  
1050  
00:40:27,160 --> 00:40:29,170  
在这就是讲那个水芹啊  
  
1051  
00:40:29,170 --> 00:40:31,890  
那水里的鸟，那么就是大便寒呢  
  
1052  
00:40:31,930 --> 00:40:33,010  
那拉的屎呢  
  
1053  
00:40:33,010 --> 00:40:34,770  
就跟水里的鸟拉的似的  
  
1054  
00:40:35,240 --> 00:40:37,440  
那就是大家看过鸡粪鸭粪嘛  
  
1055  
00:40:37,440 --> 00:40:37,720  
对吧  
  
1056  
00:40:37,840 --> 00:40:39,040  
就那种感觉啊  
  
1057  
00:40:40,460 --> 00:40:43,020  
那肠道有寒有热怎么办啊  
  
1058  
00:40:44,300 --> 00:40:46,400  
便肠垢啊  
  
1059  
00:40:46,640 --> 00:40:48,240  
那么肠子里头呢  
  
1060  
00:40:48,240 --> 00:40:49,800  
就是变出污秽的东西  
  
1061  
00:40:50,040 --> 00:40:51,200  
那么他这个指的呢  
  
1062  
00:40:51,520 --> 00:40:54,500  
主要是腐秽酸臭啊  
  
1063  
00:40:54,540 --> 00:40:55,660  
指的是这个意思啊  
  
1064  
00:40:55,660 --> 00:40:56,420  
污秽的意思  
  
1065  
00:40:57,180 --> 00:40:58,580  
呃，小肠有寒  
  
1066  
00:40:59,910 --> 00:41:02,270  
看这个奇人下重便血  
  
1067  
00:41:02,510 --> 00:41:04,590  
那么这里头其实特别有意思啊  
  
1068  
00:41:05,790 --> 00:41:07,620  
在，我总拿这个说事  
  
1069  
00:41:08,020 --> 00:41:12,420  
额，伤寒论四逆散症还记不记得我们说少阴病四逆  
  
1070  
00:41:12,980 --> 00:41:13,180  
哎  
  
1071  
00:41:13,620 --> 00:41:16,380  
那么其人或咳或悸，或什么呀  
  
1072  
00:41:16,860 --> 00:41:17,060  
呃  
  
1073  
00:41:17,420 --> 00:41:20,860  
它其中是不是有一句叫泻痢下重卸力下重  
  
1074  
00:41:20,860 --> 00:41:22,420  
在元芳之中加泻白  
  
1075  
00:41:23,170 --> 00:41:25,370  
那么为啥加谢白，其实跟这就有关  
  
1076  
00:41:25,890 --> 00:41:28,970  
那么谢白，我们讲过他的临径一样吗  
  
1077  
00:41:29,170 --> 00:41:33,330  
其味辛，善于透下焦之湿上达  
  
1078  
00:41:34,090 --> 00:41:35,890  
那么这个小肠寒啊  
  
1079  
00:41:36,410 --> 00:41:39,920  
其实小肠为心火下移植部位  
  
1080  
00:41:40,160 --> 00:41:42,080  
那么就是心火不能就下降  
  
1081  
00:41:42,880 --> 00:41:44,760  
则阳气不能不能宣透  
  
1082  
00:41:45,160 --> 00:41:47,750  
那么就是里脊厚重这种感觉  
  
1083  
00:41:48,070 --> 00:41:48,910  
所以，呃  
  
1084  
00:41:49,230 --> 00:41:51,630  
这个下重便血就是小肠寒啊  
  
1085  
00:41:52,040 --> 00:41:53,840  
这个倪海厦老师啊  
  
1086  
00:41:53,840 --> 00:41:56,640  
包括他其实学自于唐荣川先生，对吧  
  
1087  
00:41:56,640 --> 00:41:58,610  
从这一脉来的啊，这个思路  
  
1088  
00:41:58,890 --> 00:42:00,050  
那么这一脉就经常讲  
  
1089  
00:42:00,050 --> 00:42:01,370  
叫心和小肠相表里  
  
1090  
00:42:01,370 --> 00:42:04,730  
那么心是上头的火，小肠是下头的火  
  
1091  
00:42:05,230 --> 00:42:06,630  
其实不就是丙丁火吗  
  
1092  
00:42:07,030 --> 00:42:08,270  
一个是阳火，一个是阴火  
  
1093  
00:42:08,550 --> 00:42:11,110  
小肠是丙火，辛辛是丁火  
  
1094  
00:42:11,150 --> 00:42:12,230  
咱讲这个道理  
  
1095  
00:42:12,630 --> 00:42:15,010  
那么这个丙火啊  
  
1096  
00:42:15,330 --> 00:42:17,010  
它其实是从丁火来的  
  
1097  
00:42:17,570 --> 00:42:22,290  
也就是小肠的热力是从心脏去的啊  
  
1098  
00:42:22,810 --> 00:42:25,370  
那么心脏的跳动把动脉的血注入小肠  
  
1099  
00:42:25,370 --> 00:42:27,130  
小肠才温据了温煦了什么  
  
1100  
00:42:27,130 --> 00:42:27,810  
温煦了下缘  
  
1101  
00:42:28,290 --> 00:42:29,490  
所以这个就是小肠寒  
  
1102  
00:42:30,770 --> 00:42:31,930  
小肠热会怎么样呢  
  
1103  
00:42:32,170 --> 00:42:32,570  
必治  
  
1104  
00:42:33,010 --> 00:42:33,210  
哎  
  
1105  
00:42:33,210 --> 00:42:34,930  
这句话就经典了  
  
1106  
00:42:35,330 --> 00:42:39,500  
那么我们说热宜于小肠也不行，会怎么样啊  
  
1107  
00:42:39,860 --> 00:42:43,940  
有痔疮，那么所以说痔疮的病因病机搞定了吧  
  
1108  
00:42:44,570 --> 00:42:46,530  
那读经典是不是有好处啊  
  
1109  
00:42:46,530 --> 00:42:49,530  
你别认为这个没有方的原文它就没用啊  
  
1110  
00:42:49,570 --> 00:42:51,130  
那么读经典有有好处  
  
1111  
00:42:51,900 --> 00:42:52,100  
呃  
  
1112  
00:42:52,460 --> 00:42:53,820  
那么这个币制呢  
  
1113  
00:42:54,100 --> 00:42:55,100  
咱们就讲一个道理  
  
1114  
00:42:55,420 --> 00:42:58,580  
那么很多时候我们老人都告诉年轻人说  
  
1115  
00:42:58,580 --> 00:43:01,430  
别坐凉地方做凉地方长痔疮  
  
1116  
00:43:02,230 --> 00:43:02,430  
哎  
  
1117  
00:43:02,470 --> 00:43:03,910  
那你说那不是凉吗  
  
1118  
00:43:04,310 --> 00:43:05,710  
那你刚才讲的小肠热呀  
  
1119  
00:43:06,030 --> 00:43:07,830  
我给你讲一个道理，非常简单  
  
1120  
00:43:08,270 --> 00:43:11,590  
当你的屁股总坐在凉地方的时候  
  
1121  
00:43:12,440 --> 00:43:13,520  
那么臀部啊  
  
1122  
00:43:13,520 --> 00:43:14,720  
咱们说医学术语啊  
  
1123  
00:43:15,400 --> 00:43:20,000  
呃，臀部被这个呃凉气所克  
  
1124  
00:43:20,850 --> 00:43:22,730  
造成阳气不能宣通  
  
1125  
00:43:23,330 --> 00:43:27,450  
那么其阳必淤于小肠则化为痔疮  
  
1126  
00:43:28,240 --> 00:43:29,720  
那么你把这个理解了  
  
1127  
00:43:29,960 --> 00:43:31,960  
痔疮你也就绘制了  
  
1128  
00:43:32,480 --> 00:43:33,160  
明白了吧  
  
1129  
00:43:33,940 --> 00:43:34,140  
唉  
  
1130  
00:43:34,540 --> 00:43:37,140  
那么这堂课先到这儿休息啊